



**Tim Freke**  
**Skeptiko #355**

1  
00:00:11,330 --> 00:00:09,259  
on this episode of skeptical I feel like

2  
00:00:14,360 --> 00:00:11,340  
when I'm reading the book you're talking

3  
00:00:17,210 --> 00:00:14,370  
about a deep evolution a spiritual

4  
00:00:19,609 --> 00:00:17,220  
evolution that that I get I just don't

5  
00:00:24,170 --> 00:00:19,619  
know that we can really connect that

6  
00:00:26,570 --> 00:00:24,180  
with the dorky neo Darwinist ik [ʌ\_\_ʌ]

7  
00:00:28,880 --> 00:00:26,580  
that we've been fed that we just know

8  
00:00:31,250 --> 00:00:28,890  
isn't really true at some fundamental

9  
00:00:35,930 --> 00:00:31,260  
level I mean it's kind of been proven to

10  
00:00:39,229 --> 00:00:35,940  
be moverá least extremely incomplete and

11  
00:00:41,569 --> 00:00:39,239  
at the worst just not really very true

12  
00:00:43,760 --> 00:00:41,579  
my approach is look there does seem to

13  
00:00:45,470 --> 00:00:43,770

be the fact of biological evolution

14  
00:00:46,700 --> 00:00:45,480  
whatever the mechanisms however we come

15  
00:00:49,299 --> 00:00:46,710  
to understand that and it's a very

16  
00:00:52,490 --> 00:00:49,309  
powerful idea then a hundred years ago

17  
00:00:54,709 --> 00:00:52,500  
something amazing happened with Big Bang

18  
00:00:56,930 --> 00:00:54,719  
Theory when we went look it's not just

19  
00:01:00,979 --> 00:00:56,940  
life it's not just biology which is

20  
00:01:04,399 --> 00:01:00,989  
evolved it's the whole universe evolved

21  
00:01:05,780 --> 00:01:04,409  
over 13.8 billion years so this period

22  
00:01:07,640 --> 00:01:05,790  
where we could argue about the

23  
00:01:10,039 --> 00:01:07,650  
biological mechanisms it's only the tail

24  
00:01:11,630 --> 00:01:10,049  
end anyway I mean clearly evolution

25  
00:01:13,160 --> 00:01:11,640  
can't be about genetics only because

26  
00:01:15,980 --> 00:01:13,170  
there was no genetics when there was the

27  
00:01:17,450 --> 00:01:15,990  
evolution of basic gases that was there

28  
00:01:19,249 --> 00:01:17,460  
was nothing you know so the evolutionary

29  
00:01:22,219 --> 00:01:19,259  
process is much bigger than any

30  
00:01:22,940 --> 00:01:22,229  
biological evolutionary process stay

31  
00:01:26,110 --> 00:01:22,950  
with us

32  
00:01:26,120 --> 00:01:34,210  
[Music]

33  
00:01:38,120 --> 00:01:36,470  
welcome to skeptic aware we explore

34  
00:01:40,730 --> 00:01:38,130  
controversial science and spirituality

35  
00:01:41,630 --> 00:01:40,740  
with leading researchers thinkers and

36  
00:01:43,610 --> 00:01:41,640  
their critics

37  
00:01:45,650 --> 00:01:43,620  
I'm your host Alex garrison on this

38  
00:01:47,930 --> 00:01:45,660

episode an interview that I think is

39

00:01:50,870 --> 00:01:47,940

just perfect fit for what we do on

40

00:01:52,820 --> 00:01:50,880

skeptic Oh Tim Freak is back it's been a

41

00:01:55,430 --> 00:01:52,830

couple years since he's been on but he's

42

00:01:59,120 --> 00:01:55,440

written a book called soul story that

43

00:02:02,330 --> 00:01:59,130

attempts to kind of resolve this science

44

00:02:04,310 --> 00:02:02,340

and spirituality conflict that we talk

45

00:02:06,020 --> 00:02:04,320

about so much and we all seem to be

46

00:02:09,350 --> 00:02:06,030

right in the middle of I think the

47

00:02:11,900 --> 00:02:09,360

interview is quite self-explanatory so

48

00:02:14,030 --> 00:02:11,910

no need for a long introduction let's

49

00:02:17,360 --> 00:02:14,040

get right to my very interesting talk

50

00:02:19,699 --> 00:02:17,370

with a very interesting Tim Freak today

51  
00:02:22,810 --> 00:02:19,709  
we welcome Tim Freak back to skeptic oh

52  
00:02:26,060 --> 00:02:22,820  
to talk about his new book soul story

53  
00:02:27,710 --> 00:02:26,070  
evolution and the purpose of life for

54  
00:02:29,480 --> 00:02:27,720  
any of you who may not be familiar with

55  
00:02:32,630 --> 00:02:29,490  
Tim's excellent work multiple

56  
00:02:34,100 --> 00:02:32,640  
bestsellers his work as a presenter and

57  
00:02:36,710 --> 00:02:34,110  
he has he's really cool looking

58  
00:02:39,560 --> 00:02:36,720  
conferences well if you don't know Tim

59  
00:02:42,410 --> 00:02:39,570  
then you're in for a real treat I'll

60  
00:02:44,750 --> 00:02:42,420  
just leave it at that Tim welcome back

61  
00:02:46,640 --> 00:02:44,760  
thanks so much for joining me on skeptic

62  
00:02:49,070 --> 00:02:46,650  
Oh to talk about this very cool new book

63  
00:02:50,870 --> 00:02:49,080

e errs thank you for having me back it's

64

00:02:52,210 --> 00:02:50,880

a conversation I've been looking forward

65

00:02:56,229 --> 00:02:52,220

to because I know it's gonna be

66

00:02:59,630 --> 00:02:56,239

inquiring and address some proper issues

67

00:03:01,240 --> 00:02:59,640

okay okay you know first off I have to

68

00:03:04,280 --> 00:03:01,250

tell you you know I'm used to getting

69

00:03:05,720 --> 00:03:04,290

electronic copies of books but you kind

70

00:03:08,840 --> 00:03:05,730

of insisted hey I want to send you the

71

00:03:12,320 --> 00:03:08,850

physical copy and I can see why I mean

72

00:03:15,080 --> 00:03:12,330

this is really kind of a cool thing it's

73

00:03:17,300 --> 00:03:15,090

kind of a medium is the message book you

74

00:03:20,199 --> 00:03:17,310

have to experience it because you've

75

00:03:22,610 --> 00:03:20,209

tried to and I think very successfully

76

00:03:24,289 --> 00:03:22,620

done some different things with the

77

00:03:26,570 --> 00:03:24,299

physical structure of the book that is

78

00:03:30,170 --> 00:03:26,580

part of the message is that kind of your

79

00:03:33,650 --> 00:03:30,180

intent it is absolutely I wanted to I

80

00:03:36,740 --> 00:03:33,660

wanted to explore a lot of very big

81

00:03:38,150 --> 00:03:36,750

ideas very quickly in a way that cook

82

00:03:41,000 --> 00:03:38,160

because I thought the whole thing was

83

00:03:43,070 --> 00:03:41,010

stands or Falls as a complete narrative

84

00:03:44,720 --> 00:03:43,080

so I wanted to move quickly but I wanted

85

00:03:46,480 --> 00:03:44,730

people to be able to take in the ideas

86

00:03:48,850 --> 00:03:46,490

without a lot of padding

87

00:03:51,430 --> 00:03:48,860

and so I looked at how I could lay it

88

00:03:53,260 --> 00:03:51,440

out in a completely novel way like you

89

00:03:55,840 --> 00:03:53,270

said and you want to if I say to

90

00:03:57,790 --> 00:03:55,850

listeners there's no full stops and

91

00:03:59,410 --> 00:03:57,800

there's no capital letters it will sound

92

00:04:00,940 --> 00:03:59,420

like it's going to be chaotic but

93

00:04:02,950 --> 00:04:00,950

actually because of the way it's laid

94

00:04:04,720 --> 00:04:02,960

out it's kind of minimalist and clean

95

00:04:06,460 --> 00:04:04,730

and the idea is I hope I like little

96

00:04:08,320 --> 00:04:06,470

droplets they kind of go in you can

97

00:04:10,720 --> 00:04:08,330

contemplate them and move on to the next

98

00:04:12,250 --> 00:04:10,730

one and so far the response has been

99

00:04:15,160 --> 00:04:12,260

like yours Alex people have really loved

100

00:04:16,780 --> 00:04:15,170

it so I'm encouraged it works no it does

101

00:04:19,540 --> 00:04:16,790

work it's a little bit you know you're

102

00:04:21,670 --> 00:04:19,550

like well then it just kind of does you

103

00:04:25,350 --> 00:04:21,680

can't kind of suck it up faster it's

104

00:04:28,510 --> 00:04:25,360

very very nicely done and you know as

105

00:04:30,520 --> 00:04:28,520

anyone who knows your work but

106

00:04:33,580 --> 00:04:30,530

especially this particular book soul

107

00:04:35,200 --> 00:04:33,590

story it's a real fit for exactly the

108

00:04:38,470 --> 00:04:35,210

kind of stuff that we talked about on

109

00:04:40,060 --> 00:04:38,480

skeptic oh you know this idea the way

110

00:04:43,810 --> 00:04:40,070

you start the book let's give people the

111

00:04:47,260 --> 00:04:43,820

basic premise of this ambiguity that you

112

00:04:50,170 --> 00:04:47,270

tap into and I think so many people feel

113

00:04:52,960 --> 00:04:50,180

an experience between you know living in

114

00:04:55,780 --> 00:04:52,970

a scientific technology driven world and

115

00:04:59,110 --> 00:04:55,790

yet being drawn to the magical and the

116

00:05:01,600 --> 00:04:59,120

mystical part of life I mean frame that

117

00:05:03,430 --> 00:05:01,610

up the basic premise well I think you

118

00:05:04,810 --> 00:05:03,440

know I became a philosopher when I was

119

00:05:07,630 --> 00:05:04,820

very young because I wanted to

120

00:05:08,890 --> 00:05:07,640

understand my life and Here I am much

121

00:05:11,230 --> 00:05:08,900

older and I'm still trying to do the

122

00:05:13,420 --> 00:05:11,240

same thing and I wanted to understand my

123

00:05:15,820 --> 00:05:13,430

life as I actually experienced it and

124

00:05:18,730 --> 00:05:15,830

the way I experienced life is very

125

00:05:21,670 --> 00:05:18,740

ambiguous on the one hand I clearly live

126

00:05:23,400 --> 00:05:21,680

in a reality which I need to understand

127

00:05:26,200 --> 00:05:23,410

in a cause-and-effect way you know I

128

00:05:29,680 --> 00:05:26,210

drop something it falls and there's

129

00:05:32,170 --> 00:05:29,690

there's a there's a kind of a almost a

130

00:05:34,480 --> 00:05:32,180

brutal causality to the world and

131

00:05:36,940 --> 00:05:34,490

there's a level of in which it feels

132

00:05:39,430 --> 00:05:36,950

pretty chaotic and meaningless on the

133

00:05:42,430 --> 00:05:39,440

one hand I know but on the other hand I

134

00:05:45,700 --> 00:05:42,440

also experience life to be intensely

135

00:05:47,800 --> 00:05:45,710

magical full of people what people often

136

00:05:50,680 --> 00:05:47,810

called synchronicities but that those

137

00:05:52,390 --> 00:05:50,690

moments when meaning breaks out when

138

00:05:54,130 --> 00:05:52,400

I've explored the awakened state which

139

00:05:57,010 --> 00:05:54,140

has been my preoccupation for most of my

140

00:05:59,230 --> 00:05:57,020

life there's a profound sense that this

141

00:06:00,220 --> 00:05:59,240

journey which were on it isn't is

142

00:06:03,490 --> 00:06:00,230

incredibly important

143

00:06:06,900 --> 00:06:03,500

it has deep purpose and somehow I need

144

00:06:11,020 --> 00:06:06,910

to come up with a way of understanding

145

00:06:13,240 --> 00:06:11,030

the whole the scope of reality which can

146

00:06:14,710 --> 00:06:13,250

incorporate both of those and that's you

147

00:06:16,150 --> 00:06:14,720

know for a long time I think like like

148

00:06:20,320 --> 00:06:16,160

many people I've just lived with the

149

00:06:22,270 --> 00:06:20,330

ambiguity and try to ignore it but as a

150

00:06:24,070 --> 00:06:22,280

philosopher over the last 10 20 years I

151

00:06:26,110 --> 00:06:24,080

just can't do that I needed to go look

152

00:06:27,850 --> 00:06:26,120

it's there is there a way in which we

153

00:06:30,900 --> 00:06:27,860

can understand this which honors both

154

00:06:34,480 --> 00:06:30,910

those experiences which incorporates my

155

00:06:36,490 --> 00:06:34,490

understanding my experience of life in

156

00:06:37,960 --> 00:06:36,500

the way the science address is it but

157

00:06:40,150 --> 00:06:37,970

also my experience of life in the way

158

00:06:41,530 --> 00:06:40,160

that spirituality addresses it I get

159

00:06:43,360 --> 00:06:41,540

that in a sense I get that a lot of

160

00:06:49,560 --> 00:06:43,370

people are coming at it from that way

161

00:06:52,000 --> 00:06:49,570

tap into that need to understand things

162

00:06:53,400 --> 00:06:52,010

scientifically and why you were drawn to

163

00:06:55,450 --> 00:06:53,410

that what do you struggle with

164

00:06:58,570 --> 00:06:55,460

scientifically why do we have to bring

165

00:07:00,370 --> 00:06:58,580

science along I guess well I don't think

166

00:07:02,620 --> 00:07:00,380

we need to if you're happy not to and a

167

00:07:04,660 --> 00:07:02,630

lot of people aren't but I myself find

168

00:07:10,000 --> 00:07:04,670

that I find the scientific understanding

169

00:07:13,450 --> 00:07:10,010

is so powerful it is it is able to to

170

00:07:16,150 --> 00:07:13,460

explain so much of its own level and not

171

00:07:18,010 --> 00:07:16,160

not finally not not not in a way that's

172

00:07:19,840 --> 00:07:18,020

complete in ways that I think need

173

00:07:21,760 --> 00:07:19,850

questioning and revising but

174

00:07:24,040 --> 00:07:21,770

nevertheless that I can sit here in

175

00:07:26,920 --> 00:07:24,050

Glastonbury in the UK and talk to you on

176

00:07:29,650 --> 00:07:26,930

the other side of the world is because

177

00:07:31,330 --> 00:07:29,660

of this incredible understanding which

178

00:07:33,340 --> 00:07:31,340

the scientific method in science science

179

00:07:35,410 --> 00:07:33,350

has given us and I can't help but be

180

00:07:37,300 --> 00:07:35,420

impressed by that and which is why it's

181

00:07:38,800 --> 00:07:37,310

become the dominant worldview especially

182

00:07:40,450 --> 00:07:38,810

in amongst the intellectual mainstream

183

00:07:42,010 --> 00:07:40,460

anyway not not I don't think generally

184

00:07:43,900 --> 00:07:42,020

but in the intellectual mainstream

185

00:07:46,780 --> 00:07:43,910

respect certainly in the UK it's the

186

00:07:48,310 --> 00:07:46,790

dominant view and on the one hand you

187

00:07:49,870 --> 00:07:48,320

know it can I mean I love watching all

188

00:07:51,310 --> 00:07:49,880

these documentaries about the wonders of

189

00:07:52,870 --> 00:07:51,320

the universe and all the rest of any is

190

00:07:54,850 --> 00:07:52,880

very wonderful but there's a lot of

191

00:07:57,100 --> 00:07:54,860

small print and the small print that

192

00:07:59,020 --> 00:07:57,110

comes with the mainstream view of

193

00:08:01,300 --> 00:07:59,030

science is oh and by the way you live in

194

00:08:03,040 --> 00:08:01,310

a universe which is accidental your life

195

00:08:04,660 --> 00:08:03,050

has no meaning you're here for a few

196

00:08:07,810 --> 00:08:04,670

minutes long enough to go what the hell

197

00:08:09,580 --> 00:08:07,820

and you're gone and it can't address any

198

00:08:09,940 --> 00:08:09,590

of these other experiences that's the

199

00:08:12,370 --> 00:08:09,950

issue

200

00:08:15,040 --> 00:08:12,380

so within its own terms

201

00:08:16,810 --> 00:08:15,050

it feels like we need it to have a

202

00:08:18,940 --> 00:08:16,820

complete description of the reality

203

00:08:21,480 --> 00:08:18,950

we're in and in particular and this is a

204

00:08:24,480 --> 00:08:21,490

thing which the book focus focuses in on

205

00:08:27,490 --> 00:08:24,490

over the last a hundred years especially

206

00:08:31,480 --> 00:08:27,500

it has come up with this incredible

207

00:08:33,960 --> 00:08:31,490

evolutionary narrative of the evolution

208

00:08:37,810 --> 00:08:33,970

the emergence of the whole universe and

209

00:08:39,460 --> 00:08:37,820

that is you know whether the details are

210

00:08:41,020 --> 00:08:39,470

right or wrong that you know will go on

211

00:08:44,410 --> 00:08:41,030

debating that for hundreds of years I'm

212

00:08:47,500 --> 00:08:44,420

sure but the overall narrative is

213

00:08:49,420 --> 00:08:47,510

incredibly powerful and what strikes me

214

00:08:51,670 --> 00:08:49,430

from that narrative is it can help us

215

00:08:53,770 --> 00:08:51,680

unite the experience was that we have of

216

00:08:56,290 --> 00:08:53,780

soul or spirituality with the

217

00:08:58,630 --> 00:08:56,300

experiences which are much more basic

218

00:09:00,670 --> 00:08:58,640

the way matter works the way that

219

00:09:02,830 --> 00:09:00,680

biology works which science has been

220

00:09:04,600 --> 00:09:02,840

prohibited with and that there is a way

221

00:09:06,700 --> 00:09:04,610

in which we can see them as coming

222

00:09:09,460 --> 00:09:06,710

together rather than being in conflict

223

00:09:13,660 --> 00:09:09,470

but both need to change for that to

224

00:09:16,390 --> 00:09:13,670

happen so this idea of evolution and

225

00:09:20,140 --> 00:09:16,400

also I think you use the word emergence

226

00:09:22,860 --> 00:09:20,150

there but those two ideas are threaded

227

00:09:25,660 --> 00:09:22,870

throughout this book and I think they're

228

00:09:28,960 --> 00:09:25,670

the vehicle by which you see this

229

00:09:31,450 --> 00:09:28,970

merging together this resolving of the

230

00:09:35,890 --> 00:09:31,460

ambiguity and I'd like you to dive into

231

00:09:39,280 --> 00:09:35,900

that a little bit I'm not totally sold I

232

00:09:42,430 --> 00:09:39,290

guess that that one evolution packs

233

00:09:44,380 --> 00:09:42,440

enough punch to really do that I mean I

234

00:09:47,520 --> 00:09:44,390

feel like when I'm reading the book

235

00:09:50,590 --> 00:09:47,530

you're talking about a deep evolution a

236

00:09:52,840 --> 00:09:50,600

spiritual evolution that that I get I

237

00:09:55,510 --> 00:09:52,850

just don't know that we can really

238

00:09:59,230 --> 00:09:55,520

connect that with the dorky neo

239

00:10:02,320 --> 00:09:59,240

Darwinist ik [h\_\_h] that we've been

240

00:10:04,030 --> 00:10:02,330

fed that we just know isn't really true

241

00:10:07,210 --> 00:10:04,040

at some fundamental level I mean it's

242

00:10:10,690 --> 00:10:07,220

kind of been proven to be at the very

243

00:10:14,740 --> 00:10:10,700

least extremely incomplete and at the

244

00:10:17,350 --> 00:10:14,750

worst just not really very true I think

245

00:10:19,060 --> 00:10:17,360

for me the whole issue about biological

246

00:10:22,480 --> 00:10:19,070

evolution and neo-darwinism

247

00:10:24,220 --> 00:10:22,490

is irrelevant actually in that what I'm

248

00:10:25,390 --> 00:10:24,230

trying to do does it doesn't make much

249

00:10:26,329 --> 00:10:25,400

difference whether it's right or wrong

250

00:10:28,220 --> 00:10:26,339

be

251

00:10:29,809 --> 00:10:28,230

I don't come up that close as you'll

252

00:10:32,059 --> 00:10:29,819

know really there's not very many

253

00:10:34,160 --> 00:10:32,069

scientific ideas in the book it's not a

254

00:10:36,160 --> 00:10:34,170

book about science it's really taking

255

00:10:38,989 --> 00:10:36,170

the scientific narrative in its broadest

256

00:10:41,360 --> 00:10:38,999

philosophical sense now how the

257

00:10:43,249 --> 00:10:41,370

mechanism works for biological evolution

258

00:10:45,439 --> 00:10:43,259

that's a whole issue you could write

259

00:10:47,900 --> 00:10:45,449

books and books on that but I'm not the

260

00:10:50,569 --> 00:10:47,910

person to do it well my my my approach

261

00:10:52,309 --> 00:10:50,579

is look there does seem to be the fact

262

00:10:54,259 --> 00:10:52,319

of biological evolution

263

00:10:55,460 --> 00:10:54,269

whatever the mechanisms however we come

264

00:10:57,230 --> 00:10:55,470

to understand that and I think the

265

00:10:58,939 --> 00:10:57,240

philosophy which I took you late could

266

00:11:01,069 --> 00:10:58,949

be used retrospectively to actually

267

00:11:03,439 --> 00:11:01,079

question a lot of the assumptions of of

268

00:11:03,739 --> 00:11:03,449

neo-darwinism but I don't I'm not doing

269

00:11:06,170 --> 00:11:03,749

that

270

00:11:08,299 --> 00:11:06,180

right here what I'm doing here or my

271

00:11:09,799 --> 00:11:08,309

play really to those coming from a

272

00:11:12,049 --> 00:11:09,809

scientific point of view because I want

273

00:11:14,480 --> 00:11:12,059

to address both I want to go hey people

274

00:11:15,920 --> 00:11:14,490

from a scientific point of view see it

275

00:11:17,749 --> 00:11:15,930

this way hey people from a spiritual

276

00:11:20,540 --> 00:11:17,759

point of view see it this way so from

277

00:11:22,009 --> 00:11:20,550

the scientific point of view the basic

278

00:11:24,470 --> 00:11:22,019

way that I'm coming in is to say look

279

00:11:26,660 --> 00:11:24,480

you know with Darwin and was we

280

00:11:29,420 --> 00:11:26,670

developed this idea of biological

281

00:11:33,410 --> 00:11:29,430

evolution now we need to keep it real

282

00:11:36,579 --> 00:11:33,420

and aside 'ya took hold and it's a very

283

00:11:39,769 --> 00:11:36,589

powerful idea then a hundred years ago

284

00:11:41,989 --> 00:11:39,779

something amazing happened with Big Bang

285

00:11:44,329 --> 00:11:41,999

Theory when we went look it's not just

286

00:11:48,259 --> 00:11:44,339

life it's not just biology which is

287

00:11:51,679 --> 00:11:48,269

evolved it's the whole universe evolved

288

00:11:53,059 --> 00:11:51,689

over 13.8 billion years so this period

289

00:11:54,919 --> 00:11:53,069

where we could argue about the

290

00:11:57,290 --> 00:11:54,929

biological mechanisms it's only the tail

291

00:11:58,910 --> 00:11:57,300

end anyway I mean clearly evolution

292

00:12:00,439 --> 00:11:58,920

can't be about genetics only because

293

00:12:03,259 --> 00:12:00,449

there was no genetics when there was the

294

00:12:04,730 --> 00:12:03,269

evolution of basic gases that was there

295

00:12:06,470 --> 00:12:04,740

was nothing you know so the evolutionary

296

00:12:08,629 --> 00:12:06,480

process is much bigger than any

297

00:12:12,230 --> 00:12:08,639

biological evolutionary process but the

298

00:12:14,869 --> 00:12:12,240

key thing for me is look we see now that

299

00:12:17,780 --> 00:12:14,879

we can see these two phases of evolution

300

00:12:19,850 --> 00:12:17,790

which have distinct mechanisms and which

301  
00:12:21,499 --> 00:12:19,860  
which are do you know have evolved from

302  
00:12:23,600 --> 00:12:21,509  
each other one is the development of

303  
00:12:25,910 --> 00:12:23,610  
matter which is seen you know or the

304  
00:12:28,639 --> 00:12:25,920  
elemental table that develop and the the

305  
00:12:30,169 --> 00:12:28,649  
galaxies and norther and then we've seen

306  
00:12:32,389 --> 00:12:30,179  
this whole different thing which is the

307  
00:12:35,539 --> 00:12:32,399  
evolution of life which is a more

308  
00:12:38,150 --> 00:12:35,549  
emergent phase its emerge from that more

309  
00:12:42,019 --> 00:12:38,160  
primitive phase of evolution

310  
00:12:44,120 --> 00:12:42,029  
my the thing which I'm suggesting is

311  
00:12:45,379 --> 00:12:44,130  
that we now having gone back and gone oh

312  
00:12:47,990 --> 00:12:45,389  
there was a phase of evolution before

313  
00:12:49,579 --> 00:12:48,000

biological evolution now we need to go

314

00:12:52,790 --> 00:12:49,589

oh yeah and there's another phase of

315

00:12:56,420 --> 00:12:52,800

evolution after biological evolution and

316

00:12:58,490 --> 00:12:56,430

that's the evolution of soul and that's

317

00:13:01,280 --> 00:12:58,500

what spirituality has been studying all

318

00:13:02,749 --> 00:13:01,290

of this time now I feel like if you let

319

00:13:05,269 --> 00:13:02,759

me run I need to say something about the

320

00:13:08,269 --> 00:13:05,279

word soul because to make sense of what

321

00:13:11,480 --> 00:13:08,279

I mean by that what I'm saying so what I

322

00:13:13,550 --> 00:13:11,490

mean is the word soul I like it because

323

00:13:15,829 --> 00:13:13,560

it's warm but we can use many names

324

00:13:19,040 --> 00:13:15,839

actually the ancient word was percy he

325

00:13:21,019 --> 00:13:19,050

or psyche and we use that word now so

326

00:13:23,930 --> 00:13:21,029

what I mean by soul what the word

327

00:13:27,050 --> 00:13:23,940

originally meant is it's referring to

328

00:13:29,629 --> 00:13:27,060

the fact that right now you and I and

329

00:13:31,699 --> 00:13:29,639

everyone listening is experiencing two

330

00:13:33,980 --> 00:13:31,709

utterly different dimensions of

331

00:13:37,939 --> 00:13:33,990

experience on the one hand we're

332

00:13:41,180 --> 00:13:37,949

experiencing sensation of being a body

333

00:13:43,280 --> 00:13:41,190

and animal in the world and on the other

334

00:13:46,429 --> 00:13:43,290

hand we're experiencing a completely

335

00:13:48,769 --> 00:13:46,439

different level of experience which you

336

00:13:50,870 --> 00:13:48,779

can call the imagination or the mind or

337

00:13:53,179 --> 00:13:50,880

the psyche or the soul and in my view

338

00:13:54,559 --> 00:13:53,189

these are all really different words for

339

00:13:56,870 --> 00:13:54,569

the same thing which come from different

340

00:13:59,210 --> 00:13:56,880

different linguistic roots what it's

341

00:14:01,460 --> 00:13:59,220

referring to is an absolute indisputable

342

00:14:04,610 --> 00:14:01,470

reality and one way I love to get that

343

00:14:08,569 --> 00:14:04,620

because as I love the obvious is to say

344

00:14:10,699 --> 00:14:08,579

as I speak now what you're hearing Alex

345

00:14:13,370 --> 00:14:10,709

and what the listeners are hearing is is

346

00:14:14,689 --> 00:14:13,380

me make funny noises that's what's

347

00:14:18,170 --> 00:14:14,699

actually happening in the world of

348

00:14:20,870 --> 00:14:18,180

sensation and yet what you're actually

349

00:14:21,650 --> 00:14:20,880

experiencing is meaning but that's all

350

00:14:24,350 --> 00:14:21,660

in Soul

351  
00:14:26,990 --> 00:14:24,360  
that's all in psyche there's no meaning

352  
00:14:28,910 --> 00:14:27,000  
in the funny noises that's a different

353  
00:14:31,189 --> 00:14:28,920  
level of reality which we are

354  
00:14:33,050 --> 00:14:31,199  
experiencing and it's a reality which is

355  
00:14:34,790 --> 00:14:33,060  
not made of matter in our experience we

356  
00:14:37,400 --> 00:14:34,800  
can you look at it right now it doesn't

357  
00:14:40,220 --> 00:14:37,410  
exist in space it has no location and

358  
00:14:41,929 --> 00:14:40,230  
it's made of mind stuff it's made of

359  
00:14:43,819 --> 00:14:41,939  
memories and images and thoughts and

360  
00:14:46,429 --> 00:14:43,829  
imagination and my experience as an

361  
00:14:49,460 --> 00:14:46,439  
explorer of soul is if you go off into

362  
00:14:51,110 --> 00:14:49,470  
it if you explore it with meditation or

363  
00:14:52,579 --> 00:14:51,120

or I'll wash

364

00:14:55,130 --> 00:14:52,589

girl or whatever you want to explore it

365

00:14:56,840 --> 00:14:55,140

with it's huge out there there's all

366

00:14:57,710 --> 00:14:56,850

sorts of things to discover in that

367

00:15:01,010 --> 00:14:57,720

other dimension

368

00:15:02,810 --> 00:15:01,020

so what I'm postulating is it I don't

369

00:15:05,210 --> 00:15:02,820

think I think anyone who even though the

370

00:15:08,810 --> 00:15:05,220

most mainstream scientist would agree

371

00:15:11,260 --> 00:15:08,820

that the latest thing to arrive in the

372

00:15:14,450 --> 00:15:11,270

evolutionary process is psyche you saw

373

00:15:16,430 --> 00:15:14,460

it the problem is that for mainstream

374

00:15:19,010 --> 00:15:16,440

science they go yeah but it's just a

375

00:15:20,960 --> 00:15:19,020

side effect of a piece of meat but

376

00:15:22,760 --> 00:15:20,970

that's like saying the fact that you and

377

00:15:25,160 --> 00:15:22,770

I are alive is a side effect of a load

378

00:15:28,040 --> 00:15:25,170

of chemicals with carbon but it's much

379

00:15:30,140 --> 00:15:28,050

more than that if you took a pile of

380

00:15:32,120 --> 00:15:30,150

chemicals that make up my body it would

381

00:15:33,860 --> 00:15:32,130

be very different meeting my body even

382

00:15:35,990 --> 00:15:33,870

though the constitutes would be the same

383

00:15:38,720 --> 00:15:36,000

it's an emergent thing so what I'm

384

00:15:41,570 --> 00:15:38,730

suggesting in essence is we need to

385

00:15:44,210 --> 00:15:41,580

understand the the emergence the

386

00:15:45,950 --> 00:15:44,220

evolutionary emergence of soul the place

387

00:15:47,420 --> 00:15:45,960

where we are functioning now the place

388

00:15:50,210 --> 00:15:47,430

where we're having this conversation as

389

00:15:52,910 --> 00:15:50,220

the emergence of a whole new level of

390

00:15:57,530 --> 00:15:52,920

reality and that that level of reality

391

00:16:01,370 --> 00:15:57,540

has come through first matter then life

392

00:16:03,440 --> 00:16:01,380

biology and now this is an more emergent

393

00:16:06,079 --> 00:16:03,450

level soul and it's in that more

394

00:16:07,630 --> 00:16:06,089

emergent level that we can make sense of

395

00:16:10,940 --> 00:16:07,640

experiences like magic

396

00:16:13,100 --> 00:16:10,950

meaning and immortality all the things

397

00:16:15,890 --> 00:16:13,110

which spirituality is concerned with

398

00:16:18,199 --> 00:16:15,900

it's a very interesting idea I mean

399

00:16:20,449 --> 00:16:18,209

you're extremely brave to stick their

400

00:16:23,060 --> 00:16:20,459

neck out there and try and do something

401  
00:16:25,670 --> 00:16:23,070  
completely different like this and to

402  
00:16:28,519 --> 00:16:25,680  
really try and integrate you know this

403  
00:16:29,510 --> 00:16:28,529  
whole science thing with the religion

404  
00:16:31,670 --> 00:16:29,520  
thing because you also have this

405  
00:16:33,860 --> 00:16:31,680  
background of being kind of someone

406  
00:16:35,570 --> 00:16:33,870  
who's who's been characterized as being

407  
00:16:37,310 --> 00:16:35,580  
very critical of religion and you're

408  
00:16:40,449 --> 00:16:37,320  
trying to kind of bring that camp back

409  
00:16:42,949 --> 00:16:40,459  
together but I do want to drill into

410  
00:16:44,510 --> 00:16:42,959  
this a couple of these things of the

411  
00:16:46,790 --> 00:16:44,520  
evolution the emergence thing because

412  
00:16:50,300 --> 00:16:46,800  
like what you're saying about evolution

413  
00:16:52,070 --> 00:16:50,310

it's not just the the mechanism in what

414

00:16:54,740 --> 00:16:52,080

we can write books for I mean the

415

00:16:57,850 --> 00:16:54,750

counter to what you're saying is that

416

00:17:00,440 --> 00:16:57,860

that science has got the evolution thing

417

00:17:03,350 --> 00:17:00,450

fundamentally wrong and that yeah there

418

00:17:04,819 --> 00:17:03,360

is this adaptation that we can see in

419

00:17:08,079 --> 00:17:04,829

Mars on a

420

00:17:10,429 --> 00:17:08,089

on a dark tree but that's really

421

00:17:12,759 --> 00:17:10,439

mischaracterizing what's really going on

422

00:17:15,679 --> 00:17:12,769

because we're all in this field of

423

00:17:19,039 --> 00:17:15,689

consciousness and the thing that really

424

00:17:21,610 --> 00:17:19,049

shook me up is when I learned about the

425

00:17:24,500 --> 00:17:21,620

scientific evidence for self-directed

426

00:17:26,929 --> 00:17:24,510

neuroplasticity which is a really fancy

427

00:17:28,549 --> 00:17:26,939

way of saying that you can think about

428

00:17:31,130 --> 00:17:28,559

thinking and change the physical

429

00:17:34,279 --> 00:17:31,140

structure of your brain well given that

430

00:17:37,879 --> 00:17:34,289

we can do that then the fundamental idea

431

00:17:40,810 --> 00:17:37,889

behind evolution is backwards is that

432

00:17:41,930 --> 00:17:40,820

our consciousness is driving our

433

00:17:44,120 --> 00:17:41,940

evolution

434

00:17:46,009 --> 00:17:44,130

it is now Alex what about before there

435

00:17:47,450 --> 00:17:46,019

was human consciousness what about going

436

00:17:49,039 --> 00:17:47,460

to the dinosaurs again because there's

437

00:17:50,419 --> 00:17:49,049

such a great example if we're just in a

438

00:17:52,730 --> 00:17:50,429

field of consciousness and it's up and

439

00:17:55,399 --> 00:17:52,740

there is no evolution and it's all you

440

00:17:57,379 --> 00:17:55,409

know it's like it it's very hard to make

441

00:17:58,669 --> 00:17:57,389

sense of those things and then you need

442

00:18:00,919 --> 00:17:58,679

to make sense of them in a new way and

443

00:18:03,740 --> 00:18:00,929

I'm not really sure we can but Tim we

444

00:18:05,419 --> 00:18:03,750

can't appeal to time to kind of rescue

445

00:18:07,639 --> 00:18:05,429

us there take something that's really

446

00:18:10,009 --> 00:18:07,649

tricky for science like entanglement

447

00:18:12,200 --> 00:18:10,019

right entanglement pushes us to the

448

00:18:14,629 --> 00:18:12,210

limits of science because we can no

449

00:18:17,509 --> 00:18:14,639

longer measure we can no longer observe

450

00:18:19,220 --> 00:18:17,519

that the science is obsoleted itself and

451  
00:18:21,230 --> 00:18:19,230  
saying hey you know what I came to the

452  
00:18:22,460 --> 00:18:21,240  
conclusion the conclusion is we don't

453  
00:18:24,080 --> 00:18:22,470  
know what we're doing we can't really

454  
00:18:27,230 --> 00:18:24,090  
measure we can't really observe well

455  
00:18:28,610 --> 00:18:27,240  
when did entanglement happen that goes

456  
00:18:30,320 --> 00:18:28,620  
all the way back to the Big Bang right

457  
00:18:31,879 --> 00:18:30,330  
if you see these two particles and we

458  
00:18:33,409 --> 00:18:31,889  
say oh this how they become entangled

459  
00:18:34,519 --> 00:18:33,419  
wouldn't there they were entangled all

460  
00:18:36,639 --> 00:18:34,529  
the way back to the Big Bang

461  
00:18:38,690 --> 00:18:36,649  
so if entanglement is some

462  
00:18:41,539 --> 00:18:38,700  
representation of consciousness at some

463  
00:18:44,930 --> 00:18:41,549

level then the consciousness then

464

00:18:46,820 --> 00:18:44,940

consciousness existed all the way back

465

00:18:49,909 --> 00:18:46,830

or at least that has to be on the table

466

00:18:51,710 --> 00:18:49,919

as another working hypothesis is that it

467

00:18:53,720 --> 00:18:51,720

doesn't work for me it does I mean I've

468

00:18:55,430 --> 00:18:53,730

played with those ideas for 20 years 30

469

00:18:56,870 --> 00:18:55,440

years and I've ended up having to say it

470

00:18:58,879 --> 00:18:56,880

doesn't work for me it's very attractive

471

00:19:00,919 --> 00:18:58,889

I've come very close to saying those

472

00:19:02,570 --> 00:19:00,929

sort of things in many of my books but

473

00:19:04,100 --> 00:19:02,580

when I've really looked at it for me it

474

00:19:06,289 --> 00:19:04,110

just doesn't work you know in

475

00:19:07,850 --> 00:19:06,299

consciousness as the background just

476

00:19:09,649 --> 00:19:07,860

feels like the wrong word because

477

00:19:11,330 --> 00:19:09,659

consciousness comes and goes for one

478

00:19:12,529 --> 00:19:11,340

thing you know what happens when you you

479

00:19:15,110 --> 00:19:12,539

know if you hit my head I go unconscious

480

00:19:16,610 --> 00:19:15,120

the world disappears so it's like in a

481

00:19:18,040 --> 00:19:16,620

field of consciousness I mean I've used

482

00:19:19,780 --> 00:19:18,050

these words I send a thing I'm sim

483

00:19:21,400 --> 00:19:19,790

ethic to the view because I've been very

484

00:19:23,830 --> 00:19:21,410

close to it and it's the in it's

485

00:19:26,530 --> 00:19:23,840

essentially the spiritual view but my

486

00:19:28,720 --> 00:19:26,540

feeling is that neither that that one

487

00:19:31,840 --> 00:19:28,730

the extreme which goes look the ground

488

00:19:33,820 --> 00:19:31,850

is the subjective consciousness is as

489

00:19:36,370 --> 00:19:33,830

wrong as the ground which with which of

490

00:19:38,440 --> 00:19:36,380

the mainstream what I call object of his

491

00:19:40,960 --> 00:19:38,450

science view which goes no no no the

492

00:19:42,400 --> 00:19:40,970

ground is the objective only the object

493

00:19:44,290 --> 00:19:42,410

really exists the subjects is an

494

00:19:46,090 --> 00:19:44,300

illusion and then spirituality comes

495

00:19:47,770 --> 00:19:46,100

across in its various idealistic forms

496

00:19:48,910 --> 00:19:47,780

and goes oh no no what consciousness is

497

00:19:51,430 --> 00:19:48,920

what really exists and everything is

498

00:19:53,620 --> 00:19:51,440

just a form in consciousness my feeling

499

00:19:55,240 --> 00:19:53,630

is as a para logical thinker someone who

500

00:19:57,250 --> 00:19:55,250

wants to bring the opposites together is

501  
00:20:00,220 --> 00:19:57,260  
that we need to conceive of both

502  
00:20:02,620 --> 00:20:00,230  
subjectivity and objectivity as arising

503  
00:20:06,100 --> 00:20:02,630  
through the evolutionary process so that

504  
00:20:09,370 --> 00:20:06,110  
everything in existence has a subjective

505  
00:20:10,900 --> 00:20:09,380  
and an objective nature and the way that

506  
00:20:12,640 --> 00:20:10,910  
you can characterize that is that right

507  
00:20:14,200 --> 00:20:12,650  
from the beginning which is where I

508  
00:20:17,740 --> 00:20:14,210  
think you're at angleman stuff might

509  
00:20:20,350 --> 00:20:17,750  
come in is that every individual thing

510  
00:20:21,670 --> 00:20:20,360  
and and I'd like to explore the nature

511  
00:20:23,950 --> 00:20:21,680  
of time with you if we can in a minute

512  
00:20:26,380 --> 00:20:23,960  
because I don't see things as things I

513  
00:20:30,120 --> 00:20:26,390

see them as processes but every

514

00:20:32,380 --> 00:20:30,130

individual process stroke thing is

515

00:20:35,530 --> 00:20:32,390

individuated it's a it's a separate part

516

00:20:37,690 --> 00:20:35,540

of an integral whole and as such that

517

00:20:39,970 --> 00:20:37,700

everything else is viewing it in some

518

00:20:42,310 --> 00:20:39,980

way and it is viewing everything else in

519

00:20:45,610 --> 00:20:42,320

some way whether it's a basic chemical

520

00:20:48,090 --> 00:20:45,620

just registering the the the

521

00:20:50,050 --> 00:20:48,100

electrochemical environment its

522

00:20:52,330 --> 00:20:50,060

discriminating its environment in some

523

00:20:54,880 --> 00:20:52,340

way and by the time you get life a plant

524

00:20:57,340 --> 00:20:54,890

life and then sensuality and so far it's

525

00:20:59,260 --> 00:20:57,350

discriminating its environment in

526  
00:21:00,670 --> 00:20:59,270  
evermore evolutionary way so one of the

527  
00:21:03,010 --> 00:21:00,680  
things which for me and we need to turn

528  
00:21:05,980 --> 00:21:03,020  
around is that science sees because it's

529  
00:21:08,560 --> 00:21:05,990  
Objectivist only it sees evolution as

530  
00:21:10,150 --> 00:21:08,570  
the evolution of a lot of objects which

531  
00:21:13,090 --> 00:21:10,160  
some which eventually for no apparent

532  
00:21:15,220 --> 00:21:13,100  
reason create a subject as a by-product

533  
00:21:17,620 --> 00:21:15,230  
as Epton of eppy phenomena what I'm

534  
00:21:19,420 --> 00:21:17,630  
suggesting is more closer to pan

535  
00:21:21,400 --> 00:21:19,430  
psychism but different not the

536  
00:21:23,830 --> 00:21:21,410  
consciousness is all the way through but

537  
00:21:26,530 --> 00:21:23,840  
subjectivity is all the way through so

538  
00:21:28,590 --> 00:21:26,540

that subjectively we've seen the

539

00:21:31,150 --> 00:21:28,600

evolution of discrimination from

540

00:21:33,730 --> 00:21:31,160

electrochemical discrimination

541

00:21:35,039 --> 00:21:33,740

to sensual discrimination through to

542

00:21:37,690 --> 00:21:35,049

what we're experiencing which is

543

00:21:41,200 --> 00:21:37,700

conceptual discrimination and as that

544

00:21:43,690 --> 00:21:41,210

happens the subjectivity evolves leading

545

00:21:46,120 --> 00:21:43,700

to this level of psyche or soul that

546

00:21:48,430 --> 00:21:46,130

we're experiencing right now so the

547

00:21:49,690 --> 00:21:48,440

grand is neither of those the ground I

548

00:21:51,430 --> 00:21:49,700

call its spirit because that's the

549

00:21:52,990 --> 00:21:51,440

ancient word for it Hegel used the same

550

00:21:55,720 --> 00:21:53,000

word he can use any word you like that

551

00:21:58,180 --> 00:21:55,730

there's a primal potentiality which

552

00:22:00,490 --> 00:21:58,190

comes which from which everything is

553

00:22:03,279 --> 00:22:00,500

becoming realized and it's realizing

554

00:22:06,270 --> 00:22:03,289

itself in ever more emergent ways both

555

00:22:10,060 --> 00:22:06,280

objectively with more ever more complex

556

00:22:11,680 --> 00:22:10,070

objective forms and subjectively being

557

00:22:14,860 --> 00:22:11,690

able to read its environment in ever

558

00:22:17,890 --> 00:22:14,870

more complicated complex and conscious

559

00:22:22,180 --> 00:22:17,900

ways so consciousness has arisen out of

560

00:22:24,190 --> 00:22:22,190

that evolving subjectivity now if you

561

00:22:28,330 --> 00:22:24,200

can indulge me once you've reached the

562

00:22:30,940 --> 00:22:28,340

point of soul then I think this is going

563

00:22:32,680 --> 00:22:30,950

look this level of soul is not some it's

564

00:22:36,070 --> 00:22:32,690

not not an epiphenomena it's not a

565

00:22:39,430 --> 00:22:36,080

passive by-product it's an engaged

566

00:22:41,409 --> 00:22:39,440

process so just as the level of life

567

00:22:44,289 --> 00:22:41,419

that the fact that my body is alive is

568

00:22:46,720 --> 00:22:44,299

changing the chemicals within it so the

569

00:22:48,340 --> 00:22:46,730

fact that their soul which is which is

570

00:22:50,649 --> 00:22:48,350

where we tell stories where we have

571

00:22:53,230 --> 00:22:50,659

narratives that is affecting the

572

00:22:55,390 --> 00:22:53,240

material and the biological worlds which

573

00:22:58,180 --> 00:22:55,400

is why we get the phenomena you talk

574

00:23:00,070 --> 00:22:58,190

about neuroplasticity why we get bigger

575

00:23:03,279 --> 00:23:00,080

than that why we get magic while we get

576

00:23:06,000 --> 00:23:03,289

intentionality leading to the unfolding

577

00:23:10,450 --> 00:23:06,010

of story in our lives in meaningful ways

578

00:23:13,180 --> 00:23:10,460

that we can start to see the way in

579

00:23:17,680 --> 00:23:13,190

which this level of soul is actually

580

00:23:20,710 --> 00:23:17,690

interacting with sense you'll the sense

581

00:23:22,110 --> 00:23:20,720

your world but not in a total way this

582

00:23:24,039 --> 00:23:22,120

is the key for what I'm saying

583

00:23:26,620 --> 00:23:24,049

Objectivists are going it's just the

584

00:23:28,149 --> 00:23:26,630

object all the rest does nothing you get

585

00:23:30,159 --> 00:23:28,159

a lot of spirituality which goes it's

586

00:23:31,630 --> 00:23:30,169

just consciousness you can override

587

00:23:33,039 --> 00:23:31,640

everything everything that happens to

588

00:23:35,590 --> 00:23:33,049

you is because of your unconscious

589

00:23:37,690 --> 00:23:35,600

intentions whereas it seems to me that

590

00:23:41,200 --> 00:23:37,700

it the whole of the evolutionary process

591

00:23:42,960 --> 00:23:41,210

means that leave the universe exists on

592

00:23:45,900 --> 00:23:42,970

a lot of levels at once

593

00:23:48,270 --> 00:23:45,910

from the very very basic material right

594

00:23:51,330 --> 00:23:48,280

the way through to this level of soul

595

00:23:54,030 --> 00:23:51,340

and they're all interacting all of the

596

00:23:56,460 --> 00:23:54,040

time and to miss out any of them is to

597

00:23:59,100 --> 00:23:56,470

misunderstand our our situation on a

598

00:24:02,310 --> 00:23:59,110

spiritual level that's very deep and

599

00:24:04,080 --> 00:24:02,320

profound and also is there's a line

600

00:24:06,270 --> 00:24:04,090

through just about every wisdom

601  
00:24:07,980 --> 00:24:06,280  
tradition that would come to agree with

602  
00:24:10,050 --> 00:24:07,990  
you and I think that's a great

603  
00:24:11,970 --> 00:24:10,060  
compliment to your work that you found a

604  
00:24:15,150 --> 00:24:11,980  
different path and yet it does seem to

605  
00:24:18,600 --> 00:24:15,160  
echo and resonate with other paths out

606  
00:24:21,450 --> 00:24:18,610  
there I do feel the need I guess to keep

607  
00:24:24,540 --> 00:24:21,460  
coming back to some of these scientific

608  
00:24:26,100 --> 00:24:24,550  
words that were using but before you do

609  
00:24:27,300 --> 00:24:26,110  
that Alex can I just say one little

610  
00:24:29,340 --> 00:24:27,310  
thing about what you've just said

611  
00:24:31,050 --> 00:24:29,350  
because it feels important it feels like

612  
00:24:32,550 --> 00:24:31,060  
what I said earlier was on the thing

613  
00:24:35,700 --> 00:24:32,560

that I'm doing is I'm asking both

614

00:24:37,350 --> 00:24:35,710

science and spirituality to change so

615

00:24:39,180 --> 00:24:37,360

for science I'm asking them to swallow a

616

00:24:41,190 --> 00:24:39,190

big thing I'm saying look there's

617

00:24:43,140 --> 00:24:41,200

another phase of evolution which is the

618

00:24:45,450 --> 00:24:43,150

evolution of soul and it's completely

619

00:24:46,920 --> 00:24:45,460

unlike that everything else that science

620

00:24:48,120 --> 00:24:46,930

studies for one thing you can't measure

621

00:24:49,920 --> 00:24:48,130

in the same way it's not made of matter

622

00:24:52,470 --> 00:24:49,930

it's a whole different ballgame but it's

623

00:24:53,730 --> 00:24:52,480

linked to it but with spirituality I'm

624

00:24:56,160 --> 00:24:53,740

saying something which will just which

625

00:24:58,500 --> 00:24:56,170

is also pretty confrontational for many

626  
00:25:00,300 --> 00:24:58,510  
spiritual traditions because in

627  
00:25:02,820 --> 00:25:00,310  
spirituality you get consciousness comes

628  
00:25:04,170 --> 00:25:02,830  
first the soul is eternal you know the

629  
00:25:07,440 --> 00:25:04,180  
place you go after you die has been

630  
00:25:09,270 --> 00:25:07,450  
there forever you there's a great

631  
00:25:11,130 --> 00:25:09,280  
purpose it's all come from God in the

632  
00:25:13,700 --> 00:25:11,140  
first place and this is his dream or

633  
00:25:16,290 --> 00:25:13,710  
this is its dream or its this is a

634  
00:25:19,100 --> 00:25:16,300  
mistake it's made or all those myths

635  
00:25:22,370 --> 00:25:19,110  
what I'm saying to spirituality is no

636  
00:25:26,070 --> 00:25:22,380  
let's let's contemplate the idea that

637  
00:25:28,740 --> 00:25:26,080  
everything everything is the

638  
00:25:31,680 --> 00:25:28,750

potentiality of spirit coming into form

639

00:25:34,280 --> 00:25:31,690

is the potentiality experience emerging

640

00:25:37,230 --> 00:25:34,290

so the place we go when we die

641

00:25:40,050 --> 00:25:37,240

which are right about a lot in that

642

00:25:43,500 --> 00:25:40,060

either is itself evolving the the

643

00:25:45,000 --> 00:25:43,510

imagination the place of images which we

644

00:25:47,760 --> 00:25:45,010

can inhabit without the body we're

645

00:25:50,520 --> 00:25:47,770

inhabiting it right now has arisen the

646

00:25:53,630 --> 00:25:50,530

soul was as a risen as emerged

647

00:25:56,850 --> 00:25:53,640

everything meaning has emerged

648

00:26:00,120 --> 00:25:56,860

immortality has emerged so that it's

649

00:26:02,250 --> 00:26:00,130

asking to let go of this idea that

650

00:26:04,169 --> 00:26:02,260

that's already eternal and pre-existent

651  
00:26:07,260 --> 00:26:04,179  
and seeing everything in an evolutionary

652  
00:26:10,620 --> 00:26:07,270  
current which enables us then to explain

653  
00:26:13,710 --> 00:26:10,630  
why the world is actually also pre

654  
00:26:15,390 --> 00:26:13,720  
unpleasant as well as being magical it's

655  
00:26:17,880 --> 00:26:15,400  
pretty full of meaningless unpleasant

656  
00:26:19,830 --> 00:26:17,890  
horrors because it's evolving from that

657  
00:26:22,160 --> 00:26:19,840  
it's evolving from a place where there

658  
00:26:24,590 --> 00:26:22,170  
is no meaning or not meaning in that way

659  
00:26:27,270 --> 00:26:24,600  
into a place where there really is and

660  
00:26:28,440 --> 00:26:27,280  
and that this is what I'm trying to say

661  
00:26:30,930 --> 00:26:28,450  
that's what that's why it's

662  
00:26:33,600 --> 00:26:30,940  
confrontational to both sides well great

663  
00:26:35,190 --> 00:26:33,610

I don't mind a little confrontational

664

00:26:37,770 --> 00:26:35,200

especially when it's well thought out

665

00:26:39,270 --> 00:26:37,780

and super cool presented like it is in

666

00:26:42,990 --> 00:26:39,280

your book I mean you're taking a stand

667

00:26:45,180 --> 00:26:43,000

three problems though one is evolution

668

00:26:46,880 --> 00:26:45,190

and the way you're using evolution and

669

00:26:49,620 --> 00:26:46,890

you're using it from a scientific

670

00:26:52,049 --> 00:26:49,630

basically something Leonhardt inherited

671

00:26:54,150 --> 00:26:52,059

from Darwin and it doesn't work and it

672

00:26:56,460 --> 00:26:54,160

doesn't work because it doesn't factor

673

00:26:58,799 --> 00:26:56,470

in what we know about evolution and that

674

00:27:00,780 --> 00:26:58,809

is that consciousness is driving

675

00:27:02,310 --> 00:27:00,790

evolution and we can prove that like I

676  
00:27:04,560 --> 00:27:02,320  
said with self-directed neuroplasticity

677  
00:27:06,210 --> 00:27:04,570  
if we don't factor that in we're never

678  
00:27:08,039 --> 00:27:06,220  
going to get science on board because

679  
00:27:09,720 --> 00:27:08,049  
science has looked at it just stop a

680  
00:27:11,070 --> 00:27:09,730  
second half let's just look at that one

681  
00:27:12,900 --> 00:27:11,080  
idea before you move on to the others

682  
00:27:15,990 --> 00:27:12,910  
because look what I'm saying to you is

683  
00:27:17,700 --> 00:27:16,000  
yes you're right first of all I you know

684  
00:27:19,230 --> 00:27:17,710  
what I'm presenting with biological

685  
00:27:21,030 --> 00:27:19,240  
evolution it doesn't have to be to do

686  
00:27:23,250 --> 00:27:21,040  
with Darwin at all you know it just

687  
00:27:25,140 --> 00:27:23,260  
started with God yeah take take don't

688  
00:27:27,480 --> 00:27:25,150

take don't run out of it but we have a

689

00:27:28,710 --> 00:27:27,490

lot of baggage to drag along just like

690

00:27:30,960 --> 00:27:28,720

when we get into we're start talking

691

00:27:33,419 --> 00:27:30,970

about spirituality and religion there's

692

00:27:35,940 --> 00:27:33,429

a lot of baggage that we do have to

693

00:27:38,250 --> 00:27:35,950

unpack so I mean I think when we start

694

00:27:40,980 --> 00:27:38,260

talking about an evolutionary process we

695

00:27:42,350 --> 00:27:40,990

have to say what that is take take the

696

00:27:44,610 --> 00:27:42,360

narrow place because it's a good example

697

00:27:47,789 --> 00:27:44,620

see it seems to me that what we need to

698

00:27:49,950 --> 00:27:47,799

explain is how can consciousness be

699

00:27:53,070 --> 00:27:49,960

affecting evolution now human

700

00:27:54,720 --> 00:27:53,080

consciousness whereas clearly it wasn't

701  
00:27:56,190 --> 00:27:54,730  
affecting it in the same way when there

702  
00:27:57,990 --> 00:27:56,200  
was dinosaurs or even before there was

703  
00:28:00,000 --> 00:27:58,000  
any life whatsoever that that second

704  
00:28:01,710 --> 00:28:00,010  
part is an assumption so well and I'm

705  
00:28:03,870 --> 00:28:01,720  
saying is if you take the first part

706  
00:28:05,790 --> 00:28:03,880  
which science is not onboard with I mean

707  
00:28:07,740 --> 00:28:05,800  
Tim and I are talking and we're onboard

708  
00:28:09,900 --> 00:28:07,750  
with that but we're going to have to

709  
00:28:12,210 --> 00:28:09,910  
drag site that's going to be a huge

710  
00:28:14,460 --> 00:28:12,220  
over the chasm for science to get to

711  
00:28:16,200 --> 00:28:14,470  
that point and say gee I guess we were I

712  
00:28:18,870 --> 00:28:16,210  
guess that that they're wrong about

713  
00:28:23,220 --> 00:28:18,880

evolution and that evolution doesn't

714

00:28:25,020 --> 00:28:23,230

explain the mind brain problem they are

715

00:28:27,180 --> 00:28:25,030

not on board with that I talked these

716

00:28:29,160 --> 00:28:27,190

folks all the time of course they know

717

00:28:32,310 --> 00:28:29,170

and one of the big confrontational

718

00:28:34,800 --> 00:28:32,320

things in in the philosophy of emergent

719

00:28:38,450 --> 00:28:34,810

spirituality and soul story is that it

720

00:28:41,280 --> 00:28:38,460

returns to something which is a complete

721

00:28:43,500 --> 00:28:41,290

you know it's really it's really not

722

00:28:45,300 --> 00:28:43,510

approved of these days which is it what

723

00:28:47,520 --> 00:28:45,310

would be dismissed as a duality of body

724

00:28:49,710 --> 00:28:47,530

and soul because even its spiritual

725

00:28:51,720 --> 00:28:49,720

circles it's become progressive it seems

726

00:28:53,970 --> 00:28:51,730

to think the body and soul will body and

727

00:28:56,040 --> 00:28:53,980

mind are the same thing as certainly in

728

00:28:56,310 --> 00:28:56,050

spirit in for science they are the same

729

00:28:58,710 --> 00:28:56,320

thing

730

00:28:59,610 --> 00:28:58,720

now spirituality has always claimed

731

00:29:01,380 --> 00:28:59,620

they're not the same thing because

732

00:29:04,440 --> 00:29:01,390

that's what allows the survival of the

733

00:29:06,630 --> 00:29:04,450

soul after death and one of the great

734

00:29:09,150 --> 00:29:06,640

tragedies of the the currents which

735

00:29:11,690 --> 00:29:09,160

evolved in the 70s and 80s of dismissing

736

00:29:14,580 --> 00:29:11,700

what used to be called derisively

737

00:29:17,250 --> 00:29:14,590

Cartesian dualism in fact because it was

738

00:29:18,810 --> 00:29:17,260

seen as preventing oneness was that that

739

00:29:20,970 --> 00:29:18,820

got lost and and and it seemed

740

00:29:22,620 --> 00:29:20,980

progressive but actually it created a

741

00:29:24,240 --> 00:29:22,630

real philosophical problem what I'm

742

00:29:26,100 --> 00:29:24,250

suggesting is that they are separate

743

00:29:27,810 --> 00:29:26,110

things but they've arisen they have an

744

00:29:29,940 --> 00:29:27,820

emergent relationship so they're linked

745

00:29:32,160 --> 00:29:29,950

that's as we experience them to be for

746

00:29:35,280 --> 00:29:32,170

sure but that they are also different

747

00:29:37,800 --> 00:29:35,290

and my my basing method is is to

748

00:29:39,480 --> 00:29:37,810

constantly return at least in part to

749

00:29:41,690 --> 00:29:39,490

immediate experience and go just have a

750

00:29:44,160 --> 00:29:41,700

look you can see they're different I

751

00:29:45,900 --> 00:29:44,170

agree with you first let's tackle that

752

00:29:47,250 --> 00:29:45,910

word emergence because it keeps coming

753

00:29:49,410 --> 00:29:47,260

up again and again and again sure and

754

00:29:51,300 --> 00:29:49,420

that's another one like evolution that

755

00:29:54,480 --> 00:29:51,310

I'd say you know it's kind of a pet

756

00:29:56,610 --> 00:29:54,490

peeve term of mine because I love the

757

00:29:59,790 --> 00:29:56,620

way that you're using it in this deep

758

00:30:03,660 --> 00:29:59,800

soulful way that demands we look for the

759

00:30:06,240 --> 00:30:03,670

greater meaning in it I do have to pause

760

00:30:07,800 --> 00:30:06,250

for a second and say that's not where

761

00:30:10,650 --> 00:30:07,810

science is when they talk about

762

00:30:12,870 --> 00:30:10,660

emergence and when we hear science folks

763

00:30:15,750 --> 00:30:12,880

talk about emergent they use it like

764

00:30:18,060 --> 00:30:15,760

science fairy dust that they can

765

00:30:20,250 --> 00:30:18,070

sprinkle on stuff and say oh there's an

766

00:30:22,980 --> 00:30:20,260

emergent property to consciousness but

767

00:30:25,200 --> 00:30:22,990

what they really mean is we see

768

00:30:27,540 --> 00:30:25,210

sand dunes form and we call that

769

00:30:29,610 --> 00:30:27,550

emergent because we can model it in a

770

00:30:31,530 --> 00:30:29,620

computer and we know it's sand is and we

771

00:30:33,419 --> 00:30:31,540

know what moisture in the air is and we

772

00:30:35,669 --> 00:30:33,429

know what wind is and we can model it in

773

00:30:38,310 --> 00:30:35,679

our computer and look in emerges and you

774

00:30:41,820 --> 00:30:38,320

know what that's what must be happening

775

00:30:45,210 --> 00:30:41,830

with consciousness no we have not come

776

00:30:47,130 --> 00:30:45,220

anywhere close to proving that that's

777

00:30:48,510 --> 00:30:47,140

what's happening with consciousness we

778

00:30:50,310 --> 00:30:48,520

don't know what's necessary or

779

00:30:52,560 --> 00:30:50,320

sufficient to cause consciousness we

780

00:30:55,049 --> 00:30:52,570

don't know when it begins or ends so we

781

00:30:59,940 --> 00:30:55,059

don't know any of that so if there's a

782

00:31:02,490 --> 00:30:59,950

deep soulful explanation for or soulful

783

00:31:04,799 --> 00:31:02,500

use of the term emergence in your work

784

00:31:06,570 --> 00:31:04,809

which I think there is great but we have

785

00:31:09,240 --> 00:31:06,580

to separate that from what science

786

00:31:10,799 --> 00:31:09,250

thinks emergence is well I think the key

787

00:31:12,900 --> 00:31:10,809

that's why I call it objective is

788

00:31:14,130 --> 00:31:12,910

science which is the mainstream you know

789

00:31:15,630 --> 00:31:14,140

it used to be materialism but

790

00:31:17,250 --> 00:31:15,640

materialism has fallen to bits for the

791

00:31:19,260 --> 00:31:17,260

sophoclean but it's subjectivist or

792

00:31:22,500 --> 00:31:19,270

physicalist it basically thinks the

793

00:31:24,450 --> 00:31:22,510

object is real not the subject and that

794

00:31:25,650 --> 00:31:24,460

to me you know I've got I'm not not in

795

00:31:27,660 --> 00:31:25,660

the business of defending that in the

796

00:31:29,549 --> 00:31:27,670

slightest on it's utterly wrong and I

797

00:31:31,290 --> 00:31:29,559

think it's taken us down a red herring

798

00:31:32,700 --> 00:31:31,300

what it's done is it's been a red

799

00:31:35,160 --> 00:31:32,710

herring what it's done it's been very

800

00:31:38,040 --> 00:31:35,170

good at studying objects but it's

801  
00:31:40,140 --> 00:31:38,050  
absolutely useless once it tries to look

802  
00:31:41,970 --> 00:31:40,150  
at subjects because it doesn't think

803  
00:31:43,560 --> 00:31:41,980  
they really exist it explains the nature

804  
00:31:46,919 --> 00:31:43,570  
of the soul by going you don't it's not

805  
00:31:49,290 --> 00:31:46,929  
there it's an illusion it's a phantom

806  
00:31:50,850 --> 00:31:49,300  
well clearly that's not true and what's

807  
00:31:52,890 --> 00:31:50,860  
happening is he didn't dismissing the

808  
00:31:54,750 --> 00:31:52,900  
most important thing so all I'm doing is

809  
00:31:56,160 --> 00:31:54,760  
coming along or all I'm doing one of the

810  
00:31:58,200 --> 00:31:56,170  
things I'm doing is coming along and

811  
00:32:00,930 --> 00:31:58,210  
going look we're having this

812  
00:32:02,430 --> 00:32:00,940  
conversation in soul in psychic we're

813  
00:32:04,200 --> 00:32:02,440

having this whole conversation with

814

00:32:07,169 --> 00:32:04,210

concepts which aren't made of matter in

815

00:32:10,169 --> 00:32:07,179

a different realm now somehow that is

816

00:32:13,350 --> 00:32:10,179

linked to biology and somehow that's

817

00:32:16,530 --> 00:32:13,360

linked to matter so but clearly the

818

00:32:19,290 --> 00:32:16,540

current explanation which is being seen

819

00:32:21,060 --> 00:32:19,300

philosophically as absolutely true I

820

00:32:23,730 --> 00:32:21,070

think by an awful lot of people in in

821

00:32:25,620 --> 00:32:23,740

our culture is absolutely wrong it's

822

00:32:27,600 --> 00:32:25,630

just not good enough so I I'm in

823

00:32:29,940 --> 00:32:27,610

complete agreement with you and what I'm

824

00:32:32,490 --> 00:32:29,950

trying to do is create a new way what

825

00:32:35,220 --> 00:32:32,500

I'm not trying to shore up mainstream

826  
00:32:36,899 --> 00:32:35,230  
science with mainstream spirituality at

827  
00:32:39,659 --> 00:32:36,909  
all I'm trying to suggest an

828  
00:32:41,700 --> 00:32:39,669  
new science with a new spirituality but

829  
00:32:44,190 --> 00:32:41,710  
one which keeps all the really valuable

830  
00:32:46,349 --> 00:32:44,200  
stuff that we found because we've got a

831  
00:32:48,389 --> 00:32:46,359  
lot of very valuable stuff in both we

832  
00:32:50,879 --> 00:32:48,399  
just need a different philosophy so we

833  
00:32:54,989 --> 00:32:50,889  
understand what we know in a different

834  
00:32:56,369 --> 00:32:54,999  
context we can keep what we know but we

835  
00:32:59,129 --> 00:32:56,379  
need it in a different context because

836  
00:32:59,810 --> 00:32:59,139  
the context is not working for either I

837  
00:33:02,759 --> 00:32:59,820  
don't think

838  
00:33:06,570 --> 00:33:02,769

Jim you have a lot of creative and

839

00:33:09,749 --> 00:33:06,580

interesting ideas about the after death

840

00:33:12,749 --> 00:33:09,759

aspect of our existence of consciousness

841

00:33:14,310 --> 00:33:12,759

if you will so lay those out and tell us

842

00:33:15,930 --> 00:33:14,320

where you came up with some of that

843

00:33:17,789 --> 00:33:15,940

because I think some folks will will

844

00:33:19,499 --> 00:33:17,799

take it in and will just be drawn to

845

00:33:22,440 --> 00:33:19,509

another folks will be wait a minute on

846

00:33:24,509 --> 00:33:22,450

what authority is he is he saying this

847

00:33:26,909 --> 00:33:24,519

stuff of what's happening after death

848

00:33:28,169 --> 00:33:26,919

yeah absolutely and just to be clear

849

00:33:29,999 --> 00:33:28,179

house I'm not saying this on any

850

00:33:33,690 --> 00:33:30,009

authority at all in any direction you

851  
00:33:35,849 --> 00:33:33,700  
know I say this as a explore of life who

852  
00:33:37,889 --> 00:33:35,859  
is has some insights and is often

853  
00:33:39,180 --> 00:33:37,899  
confused and is doing its best to create

854  
00:33:40,889 --> 00:33:39,190  
the best narrative and the most

855  
00:33:42,629 --> 00:33:40,899  
expansive narrative and to also

856  
00:33:44,279 --> 00:33:42,639  
experience life in the deepest way that

857  
00:33:47,849 --> 00:33:44,289  
I can and share it with others that's

858  
00:33:48,989 --> 00:33:47,859  
that's great so in that spirit I'm very

859  
00:33:50,339 --> 00:33:48,999  
concerned with death I've worked with

860  
00:33:51,779 --> 00:33:50,349  
people who are dying a lot of people I

861  
00:33:52,950 --> 00:33:51,789  
know have died I've nurtured a lot of

862  
00:33:54,899 --> 00:33:52,960  
people through death including a lot of

863  
00:33:55,950 --> 00:33:54,909

people close to me and it's always feels

864

00:33:57,749 --> 00:33:55,960

to me something really important's

865

00:33:59,969 --> 00:33:57,759

happening I've had experiences of people

866

00:34:01,379 --> 00:33:59,979

after death I've met an awful lot of

867

00:34:03,930 --> 00:34:01,389

people have had near-death experiences

868

00:34:07,080 --> 00:34:03,940

and I can't just dismiss all of that so

869

00:34:08,879 --> 00:34:07,090

for me as an individual the question is

870

00:34:10,379 --> 00:34:08,889

not do we survive death it's how the

871

00:34:13,680 --> 00:34:10,389

hell can I explain the fact that we do

872

00:34:15,680 --> 00:34:13,690

and now I know a lot of people aren't in

873

00:34:18,409 --> 00:34:15,690

that situation I respect them completely

874

00:34:20,669 --> 00:34:18,419

but for me it's like it's more like that

875

00:34:23,579 --> 00:34:20,679

how can I understand this how can this

876

00:34:25,470 --> 00:34:23,589

be right and the way that I framed it

877

00:34:27,809 --> 00:34:25,480

and is to talk about the evolution of

878

00:34:29,549 --> 00:34:27,819

this other level you know when I talked

879

00:34:31,260 --> 00:34:29,559

earlier about we exist as subjects and

880

00:34:33,839 --> 00:34:31,270

objects one of the things which I think

881

00:34:35,490 --> 00:34:33,849

is important is that one of the things

882

00:34:37,230 --> 00:34:35,500

that physics has come around to is that

883

00:34:38,819 --> 00:34:37,240

nothing exists in the in the

884

00:34:40,589 --> 00:34:38,829

three-dimensional solid way that we

885

00:34:41,819 --> 00:34:40,599

think it does and one of the ways that

886

00:34:43,589 --> 00:34:41,829

we can understand it therefore is

887

00:34:45,839 --> 00:34:43,599

everything is a type of information it's

888

00:34:47,730 --> 00:34:45,849

pretty vague but it's enough which means

889

00:34:49,500 --> 00:34:47,740

that we can see information is existing

890

00:34:50,340 --> 00:34:49,510

on the physical biological and soul

891

00:34:53,580 --> 00:34:50,350

level

892

00:34:55,620 --> 00:34:53,590

where your understanding the meaning of

893

00:34:58,140 --> 00:34:55,630

these words is different to information

894

00:35:01,020 --> 00:34:58,150

on the biological or physical levels so

895

00:35:02,700 --> 00:35:01,030

somehow we can understand well let me

896

00:35:04,770 --> 00:35:02,710

try this analogy it's a bit it's a bit

897

00:35:07,440 --> 00:35:04,780

very quick way of trying to say what I'm

898

00:35:12,600 --> 00:35:07,450

exploring but as a simple analogy maybe

899

00:35:14,010 --> 00:35:12,610

it helps for me when I wrote my book he

900

00:35:15,720 --> 00:35:14,020

looked like all that information was

901  
00:35:17,460 --> 00:35:15,730  
just on my computer and if I was gonna

902  
00:35:20,010 --> 00:35:17,470  
if I know if I dropped my computer or

903  
00:35:23,370 --> 00:35:20,020  
spilt coffee on it I'd lose my book it

904  
00:35:25,740 --> 00:35:23,380  
would die but actually all the

905  
00:35:27,920 --> 00:35:25,750  
information that in made up my book was

906  
00:35:32,040 --> 00:35:27,930  
actually going straight to the cloud

907  
00:35:33,630 --> 00:35:32,050  
which meant that if my computer died the

908  
00:35:34,770 --> 00:35:33,640  
information was still all there on a

909  
00:35:37,170 --> 00:35:34,780  
completely different level of

910  
00:35:40,620 --> 00:35:37,180  
information and could be accessed in a

911  
00:35:44,400 --> 00:35:40,630  
different way in a kind of comparable

912  
00:35:46,050 --> 00:35:44,410  
way as a simple analogy something like

913  
00:35:47,640 --> 00:35:46,060

that is what I'm suggesting is that the

914

00:35:50,310 --> 00:35:47,650

information has a right the risen on a

915

00:35:52,380 --> 00:35:50,320

level which is non-material which is

916

00:35:54,750 --> 00:35:52,390

like the cloud compared to just being

917

00:35:56,430 --> 00:35:54,760

locally contained within my body which

918

00:35:57,840 --> 00:35:56,440

is where it's linking in some way with

919

00:35:59,850 --> 00:35:57,850

the brain hole or the questions about

920

00:36:01,500 --> 00:35:59,860

what that means but leave those aside

921

00:36:03,660 --> 00:36:01,510

for a moment so then what I'm suggesting

922

00:36:05,850 --> 00:36:03,670

is that with the arising of soul with

923

00:36:09,030 --> 00:36:05,860

that other dimension being the dimension

924

00:36:11,400 --> 00:36:09,040

of images has arisen a realm which we

925

00:36:13,530 --> 00:36:11,410

can go into at least for a while after

926

00:36:15,390 --> 00:36:13,540

death which is why I think if you listen

927

00:36:17,460 --> 00:36:15,400

to people's near-death experiences they

928

00:36:20,190 --> 00:36:17,470

sound like dreams why because they are

929

00:36:21,990 --> 00:36:20,200

but they're not unreal they're real

930

00:36:24,330 --> 00:36:22,000

dreams they're real on that level

931

00:36:26,700 --> 00:36:24,340

they're real on actually a more emergent

932

00:36:29,700 --> 00:36:26,710

level which is a level in which we can

933

00:36:31,800 --> 00:36:29,710

experience his images images that we've

934

00:36:34,170 --> 00:36:31,810

gained from our sensual experience take

935

00:36:36,690 --> 00:36:34,180

on a life of their own in Soul again we

936

00:36:39,840 --> 00:36:36,700

experience that all the time now when we

937

00:36:41,370 --> 00:36:39,850

sleep we can just go deeper into it so

938

00:36:43,740 --> 00:36:41,380

what I'm suggesting is that heaven if

939

00:36:46,080 --> 00:36:43,750

you like in adverted commerce has itself

940

00:36:48,110 --> 00:36:46,090

evolved and one of the things which I

941

00:36:51,000 --> 00:36:48,120

noticed when I wrote a book on people's

942

00:36:53,040 --> 00:36:51,010

ideas about the afterlife years and

943

00:36:55,500 --> 00:36:53,050

years ago was you can see this kind of

944

00:36:56,790 --> 00:36:55,510

evolution of it whereby it starts as

945

00:36:59,790 --> 00:36:56,800

something quite you know shades

946

00:37:01,410 --> 00:36:59,800

something nebulous like the Greeks which

947

00:37:04,049 --> 00:37:01,420

suggests that this what I call the

948

00:37:06,749 --> 00:37:04,059

imagined or the dimension of images is

949

00:37:09,019 --> 00:37:06,759

just coming into form and then it starts

950

00:37:10,439 --> 00:37:09,029

becoming a reflection of an idealized

951  
00:37:13,289 --> 00:37:10,449  
life

952  
00:37:14,910 --> 00:37:13,299  
the drinking halls of Valhalla or the

953  
00:37:16,859 --> 00:37:14,920  
happy hunting grounds that kind of image

954  
00:37:18,209 --> 00:37:16,869  
and then you start getting with the big

955  
00:37:20,789 --> 00:37:18,219  
religions coming in and then it's

956  
00:37:23,579 --> 00:37:20,799  
populated by thousands of buddhas or

957  
00:37:28,019 --> 00:37:23,589  
saints and choirs and and now you get

958  
00:37:28,799 --> 00:37:28,029  
these huge vistas incredible experiences

959  
00:37:30,959 --> 00:37:28,809  
that people have in near-death

960  
00:37:34,799 --> 00:37:30,969  
experiences which are multicultural now

961  
00:37:36,900 --> 00:37:34,809  
of course and and in full of give vast

962  
00:37:40,170 --> 00:37:36,910  
cities and all sorts so what I'm

963  
00:37:43,799 --> 00:37:40,180

suggesting is hey this other realm is

964

00:37:45,329 --> 00:37:43,809

itself evolving and what we're doing now

965

00:37:47,429 --> 00:37:45,339

is moving between these realms

966

00:37:49,140 --> 00:37:47,439

that's what spirituality has been saying

967

00:37:51,209 --> 00:37:49,150

for a long time it's just that it

968

00:37:53,640 --> 00:37:51,219

somehow saw that other realm as

969

00:37:55,349 --> 00:37:53,650

pre-existent because it had no idea

970

00:37:57,839 --> 00:37:55,359

about evolution now we understand

971

00:38:00,839 --> 00:37:57,849

evolution here's an interesting thing it

972

00:38:02,819 --> 00:38:00,849

itself has evolved you know Tim

973

00:38:07,319 --> 00:38:02,829

wonderful things that keeps gnawing at

974

00:38:09,809 --> 00:38:07,329

me is how do you factor in time in this

975

00:38:12,689 --> 00:38:09,819

you know I've spoken with a couple of

976

00:38:14,669 --> 00:38:12,699

folks who have mediumistic talents

977

00:38:16,799 --> 00:38:14,679

who've told me first thing you tell me

978

00:38:20,459 --> 00:38:16,809

is you know our whole conception of time

979

00:38:23,339 --> 00:38:20,469

is way off and this idea of this life

980

00:38:25,799 --> 00:38:23,349

next life past life is just blown away

981

00:38:27,419 --> 00:38:25,809

it's not the way it is this is what

982

00:38:31,410 --> 00:38:27,429

they're telling me we are constantly

983

00:38:33,419 --> 00:38:31,420

being reincarnated multiple-- into

984

00:38:35,880 --> 00:38:33,429

multiple lives that we're living in this

985

00:38:39,900 --> 00:38:35,890

idea of how we experience it which is

986

00:38:42,929 --> 00:38:39,910

very linear is not at all what's really

987

00:38:44,969 --> 00:38:42,939

going on I mean how does that factor in

988

00:38:46,559 --> 00:38:44,979

I don't relate to that at all I mean

989

00:38:48,449 --> 00:38:46,569

I've heard it said of course I live in

990

00:38:52,410 --> 00:38:48,459

Glastonbury which is a center for all

991

00:38:54,479 --> 00:38:52,420

sorts of spiritual ideas and and and you

992

00:38:55,919 --> 00:38:54,489

know and I respect people who have their

993

00:38:57,900 --> 00:38:55,929

experience or whatever but also I'm

994

00:38:59,849 --> 00:38:57,910

looking at this is basic science science

995

00:39:01,679 --> 00:38:59,859

would not would not like this linear

996

00:39:03,809 --> 00:39:01,689

time thing at all they said science is

997

00:39:05,729 --> 00:39:03,819

the same I mean it is very popular in

998

00:39:07,410 --> 00:39:05,739

both science and spirituality to say

999

00:39:09,870 --> 00:39:07,420

that time is an illusion and I think

1000

00:39:11,279 --> 00:39:09,880

both are wrong I myself have said it

1001  
00:39:13,679 --> 00:39:11,289  
many times you'll probably find it in my

1002  
00:39:16,529 --> 00:39:13,689  
books but having meditated on it long

1003  
00:39:17,700 --> 00:39:16,539  
and hard right now I'm here wanting to

1004  
00:39:19,470 --> 00:39:17,710  
say I think that's wrong

1005  
00:39:21,900 --> 00:39:19,480  
and here's why because when I look at

1006  
00:39:24,630 --> 00:39:21,910  
the moment when I look at reality as it

1007  
00:39:27,540 --> 00:39:24,640  
actually presents itself to me the thing

1008  
00:39:29,609 --> 00:39:27,550  
I can't dispute because it's now I see

1009  
00:39:31,710 --> 00:39:29,619  
time I see a flow of changing

1010  
00:39:33,120 --> 00:39:31,720  
experiences so rather than being

1011  
00:39:35,790 --> 00:39:33,130  
illusion it feels like we should start

1012  
00:39:37,380 --> 00:39:35,800  
with the premise that reality is time we

1013  
00:39:40,470 --> 00:39:37,390

just need to re understand what time is

1014

00:39:42,900 --> 00:39:40,480

so that rather than seeing things as

1015

00:39:44,550 --> 00:39:42,910

things some sort of slice called the

1016

00:39:46,410 --> 00:39:44,560

moment we see that everything is a

1017

00:39:49,020 --> 00:39:46,420

processing time everything is what I

1018

00:39:51,120 --> 00:39:49,030

call a time stream me you the desk in

1019

00:39:52,520 --> 00:39:51,130

front of me the computer everything the

1020

00:39:54,990 --> 00:39:52,530

plants I'm looking at the window

1021

00:39:58,260 --> 00:39:55,000

everything actually is a process and

1022

00:39:59,730 --> 00:39:58,270

that time is fundamental and then I want

1023

00:40:02,460 --> 00:39:59,740

to make a big suggestion about the

1024

00:40:04,680 --> 00:40:02,470

nature of time which is I want to say

1025

00:40:06,690 --> 00:40:04,690

we've got the wrong analogy we say that

1026

00:40:10,200 --> 00:40:06,700

time passes most the time we don't even

1027

00:40:11,880 --> 00:40:10,210

notice it's an analogy but it is what I

1028

00:40:14,720 --> 00:40:11,890

want to suggest is a better analogy

1029

00:40:17,310 --> 00:40:14,730

which is that time accumulates so

1030

00:40:18,180 --> 00:40:17,320

there's more pass now than there was

1031

00:40:21,410 --> 00:40:18,190

when we started this conversation

1032

00:40:24,450 --> 00:40:21,420

there's more pass now than when we both

1033

00:40:26,339 --> 00:40:24,460

you invited me when we both grew up when

1034

00:40:28,140 --> 00:40:26,349

we both learn to speak with more time

1035

00:40:30,180 --> 00:40:28,150

now than when the Big Bang happened when

1036

00:40:32,810 --> 00:40:30,190

human beings first evolves all of that

1037

00:40:37,140 --> 00:40:32,820

and I want to suggest that the past

1038

00:40:41,730 --> 00:40:37,150

hasn't gone anywhere that the past is in

1039

00:40:43,740 --> 00:40:41,740

implicit in the present the the implicit

1040

00:40:46,050 --> 00:40:43,750

in this moment is everything that's ever

1041

00:40:48,089 --> 00:40:46,060

happened before and if it wasn't it

1042

00:40:51,630 --> 00:40:48,099

wouldn't be this moment implicit is you

1043

00:40:53,070 --> 00:40:51,640

and me first talking implicit is you

1044

00:40:55,380 --> 00:40:53,080

know us learning language like I said

1045

00:40:56,730 --> 00:40:55,390

implicit is everything everything

1046

00:40:58,140 --> 00:40:56,740

everything that you have been and

1047

00:41:00,630 --> 00:40:58,150

everything that I've been everything

1048

00:41:02,579 --> 00:41:00,640

that's happened is implicit in this

1049

00:41:04,050 --> 00:41:02,589

moment which enables us to do history

1050

00:41:05,040 --> 00:41:04,060

and which enables us to have you even

1051

00:41:07,620 --> 00:41:05,050

have this conversation

1052

00:41:10,290 --> 00:41:07,630

everything is requires that so that

1053

00:41:12,000 --> 00:41:10,300

what's come into form has come into form

1054

00:41:13,820 --> 00:41:12,010

forever because we can re understand it

1055

00:41:16,290 --> 00:41:13,830

put in new context see in a new light

1056

00:41:18,990 --> 00:41:16,300

but this conversation has happened now

1057

00:41:20,940 --> 00:41:19,000

and it will have always happened I will

1058

00:41:22,859 --> 00:41:20,950

have said that what I meant to by that

1059

00:41:25,970 --> 00:41:22,869

can be questioned by Baba but it has

1060

00:41:29,280 --> 00:41:25,980

happened so that what this moment is is

1061

00:41:30,910 --> 00:41:29,290

the meeting of everything that has

1062

00:41:33,720 --> 00:41:30,920

happened and everything that

1063

00:41:36,579 --> 00:41:33,730

would happen the past and the possible

1064

00:41:38,530 --> 00:41:36,589

everything which is fixed and everything

1065

00:41:39,970 --> 00:41:38,540

which is unfixed goes this idea is a

1066

00:41:41,770 --> 00:41:39,980

very ancient one actually goes back to

1067

00:41:44,410 --> 00:41:41,780

Pythagoras who talked about the meeting

1068

00:41:46,599 --> 00:41:44,420

of the limited and the limitless the

1069

00:41:49,990 --> 00:41:46,609

past and the possible and that what's

1070

00:41:52,960 --> 00:41:50,000

happening is that time is expanding so

1071

00:41:54,400 --> 00:41:52,970

information is accumulating which is

1072

00:41:57,130 --> 00:41:54,410

defined and because the past is

1073

00:41:58,839 --> 00:41:57,140

constantly expanding there's a tendency

1074

00:42:01,329 --> 00:41:58,849

towards evolution and greater and

1075

00:42:03,460 --> 00:42:01,339

greater emergence so that more and more

1076  
00:42:05,859 --> 00:42:03,470  
emergent possibilities are arising

1077  
00:42:08,530 --> 00:42:05,869  
through the evolutionary process as the

1078  
00:42:10,299 --> 00:42:08,540  
past accumulates so that the universe

1079  
00:42:12,700 --> 00:42:10,309  
far from time being an illusion the

1080  
00:42:14,319 --> 00:42:12,710  
universe is made of the past that's what

1081  
00:42:17,289 --> 00:42:14,329  
it's made of that's what you and I are

1082  
00:42:18,700 --> 00:42:17,299  
made of right now everything I've been

1083  
00:42:21,490 --> 00:42:18,710  
is meeting everything that you've been

1084  
00:42:23,890 --> 00:42:21,500  
that's what we are ok Tim what about

1085  
00:42:25,539 --> 00:42:23,900  
what parapsychology has to say about

1086  
00:42:28,030 --> 00:42:25,549  
that because they've looked at that

1087  
00:42:30,700 --> 00:42:28,040  
right and in the book in the book soul

1088  
00:42:32,410 --> 00:42:30,710

story you do touch on psychic abilities

1089

00:42:34,470 --> 00:42:32,420

a little bit and you kind of just a

1090

00:42:36,339 --> 00:42:34,480

little tiny bit dabble into that

1091

00:42:38,730 --> 00:42:36,349

parapsychology has tried to study this

1092

00:42:41,260 --> 00:42:38,740

in the lab because so many of us

1093

00:42:43,390 --> 00:42:41,270

experienced like you said very early on

1094

00:42:44,650 --> 00:42:43,400

these experiences of these little time

1095

00:42:47,020 --> 00:42:44,660

shifts that we have these

1096

00:42:49,780 --> 00:42:47,030

synchronicities these looking ahead and

1097

00:42:52,359 --> 00:42:49,790

looking back behind in this timeline

1098

00:42:55,539 --> 00:42:52,369

that we're in and lo and behold when

1099

00:42:58,150 --> 00:42:55,549

they put it in the lab they say wow you

1100

00:42:59,819 --> 00:42:58,160

know there is this precognitive effect

1101

00:43:02,740 --> 00:42:59,829

that's going on there is this

1102

00:43:05,530 --> 00:43:02,750

presentiment effect that our biology is

1103

00:43:07,930 --> 00:43:05,540

even aware of a shift in this timeframe

1104

00:43:09,819 --> 00:43:07,940

doesn't that butt up against what you're

1105

00:43:11,680 --> 00:43:09,829

saying no I don't think so and again

1106

00:43:13,839 --> 00:43:11,690

it's because we need to understand the

1107

00:43:16,120 --> 00:43:13,849

nature of soul what I call narrativity

1108

00:43:17,650 --> 00:43:16,130

you know I've needed I've made up a lot

1109

00:43:18,940 --> 00:43:17,660

of words as you can you will know have

1110

00:43:20,260 --> 00:43:18,950

you read the book but and I've done that

1111

00:43:22,120 --> 00:43:20,270

because there's that there's there's

1112

00:43:24,640 --> 00:43:22,130

nothing through the concept doesn't have

1113

00:43:27,460 --> 00:43:24,650

a word so what I wanted is to say look

1114

00:43:28,900 --> 00:43:27,470

what defines this level of soul that

1115

00:43:32,020 --> 00:43:28,910

we're experiencing well it's it's

1116

00:43:34,720 --> 00:43:32,030

concepts its ideas its memories but

1117

00:43:37,089 --> 00:43:34,730

above all its story we eat it's a

1118

00:43:40,030 --> 00:43:37,099

narrative it's where you know I am above

1119

00:43:42,130 --> 00:43:40,040

all a story I I am some Tim's journey

1120

00:43:43,870 --> 00:43:42,140

through life and when I meet other

1121

00:43:44,750 --> 00:43:43,880

people I go how's your story and they

1122

00:43:46,400 --> 00:43:44,760

say I home like

1123

00:43:48,530 --> 00:43:46,410

this how's your story because that's how

1124

00:43:50,120 --> 00:43:48,540

we experience ourselves now the

1125

00:43:52,070 --> 00:43:50,130

traditional wisdom in certainly in

1126

00:43:54,740 --> 00:43:52,080

science is oh well that's a kind of a

1127

00:43:57,380 --> 00:43:54,750

mental by-product it's nothing whereas

1128

00:44:00,830 --> 00:43:57,390

what I'm saying is no evolution has led

1129

00:44:02,270 --> 00:44:00,840

to the evolution of story which is its

1130

00:44:04,220 --> 00:44:02,280

own level a bit like in a computer game

1131

00:44:05,540 --> 00:44:04,230

you can have the ones and zeros which

1132

00:44:07,310 --> 00:44:05,550

are pretty fascinating and then you've

1133

00:44:08,600 --> 00:44:07,320

got the computer system which is like

1134

00:44:10,250 --> 00:44:08,610

the biological level and that's

1135

00:44:12,500 --> 00:44:10,260

interesting but really it's all about

1136

00:44:14,360 --> 00:44:12,510

getting to the story and that's what

1137

00:44:15,680 --> 00:44:14,370

it's been about is playing on the level

1138

00:44:16,280 --> 00:44:15,690

of story and that's where we're playing

1139

00:44:17,840 --> 00:44:16,290

right now

1140

00:44:19,220 --> 00:44:17,850

playing on the levels of story so what

1141

00:44:22,100 --> 00:44:19,230

I'm saying is that that level of story

1142

00:44:24,380 --> 00:44:22,110

is not a passive thing it's interacting

1143

00:44:26,660 --> 00:44:24,390

all the time so just as on the level of

1144

00:44:28,820 --> 00:44:26,670

biology or physics I can predict the

1145

00:44:30,260 --> 00:44:28,830

future I'm not always right but I can

1146

00:44:32,600 --> 00:44:30,270

predict the future which is how we can

1147

00:44:34,040 --> 00:44:32,610

make this Internet work because you know

1148

00:44:35,180 --> 00:44:34,050

people have been able to predict that if

1149

00:44:37,310 --> 00:44:35,190

you do this and this and this with

1150

00:44:39,800 --> 00:44:37,320

physical matter it behaves in these ways

1151  
00:44:41,210 --> 00:44:39,810  
and in the same way we have the facility

1152  
00:44:44,360 --> 00:44:41,220  
to see oh this is where the story's

1153  
00:44:46,280 --> 00:44:44,370  
going and and that add but it doesn't

1154  
00:44:48,080 --> 00:44:46,290  
mean it's definitely fixed it just means

1155  
00:44:50,600 --> 00:44:48,090  
that's the way the story is going which

1156  
00:44:52,910 --> 00:44:50,610  
is why sometimes it's not right but but

1157  
00:44:55,250 --> 00:44:52,920  
I think we can start to explore how all

1158  
00:44:57,890 --> 00:44:55,260  
of those experiences the fact that we

1159  
00:44:59,240 --> 00:44:57,900  
connect non-locally the fact that you

1160  
00:45:00,770 --> 00:44:59,250  
know that I just met an old friend of

1161  
00:45:03,260 --> 00:45:00,780  
mine while I was writing the book and

1162  
00:45:05,540 --> 00:45:03,270  
and I've been contacted by a mutual old

1163  
00:45:06,770 --> 00:45:05,550

friend and they just knew I don't know

1164

00:45:07,940 --> 00:45:06,780

how they knew they knew their name they

1165

00:45:09,710 --> 00:45:07,950

just went oh you've been contact I said

1166

00:45:11,990 --> 00:45:09,720

all of that strange mysterious stuff

1167

00:45:13,640 --> 00:45:12,000

which we all experienced when all of us

1168

00:45:14,090 --> 00:45:13,650

maybe but I certainly do and I'm sure

1169

00:45:16,820 --> 00:45:14,100

you do

1170

00:45:18,890 --> 00:45:16,830

the that that gives us a vehicle bye-bye

1171

00:45:21,860 --> 00:45:18,900

we can just start going on this is how

1172

00:45:23,060 --> 00:45:21,870

this can fit into this other world this

1173

00:45:25,910 --> 00:45:23,070

is how they can fit together

1174

00:45:28,820 --> 00:45:25,920

as different levels of emergence in one

1175

00:45:30,940 --> 00:45:28,830

spectrum of experience all of which is

1176  
00:45:33,470 --> 00:45:30,950  
code is operating at the same time and

1177  
00:45:37,250 --> 00:45:33,480  
interacting and not any one level of

1178  
00:45:39,560 --> 00:45:37,260  
which is absolute all is relative to

1179  
00:45:41,960 --> 00:45:39,570  
each other okay we spend a good deal of

1180  
00:45:45,710 --> 00:45:41,970  
time talking about kind of the science

1181  
00:45:48,680 --> 00:45:45,720  
side of this ambiguity that you're

1182  
00:45:51,830 --> 00:45:48,690  
trying to kind of wrestle and and merge

1183  
00:45:54,530 --> 00:45:51,840  
and and find resolution for the other

1184  
00:45:57,290 --> 00:45:54,540  
side of course is the spirituality side

1185  
00:45:58,579 --> 00:45:57,300  
you say spirituality very early on in

1186  
00:46:01,910 --> 00:45:58,589  
the book you say spirit

1187  
00:46:04,549 --> 00:46:01,920  
spirituality is outdated pre rational

1188  
00:46:07,309 --> 00:46:04,559

and that this religious mindset is

1189

00:46:10,339 --> 00:46:07,319

something that we cannot tolerate most

1190

00:46:12,979 --> 00:46:10,349

of us in this scientific world that we

1191

00:46:15,680 --> 00:46:12,989

live in at the same time when it's all

1192

00:46:17,420 --> 00:46:15,690

said and done can we step back and say

1193

00:46:20,690 --> 00:46:17,430

hey wait a minute maybe these wisdom

1194

00:46:23,930 --> 00:46:20,700

traditions looking at the whole have

1195

00:46:26,059 --> 00:46:23,940

been pretty darn close to the big answer

1196

00:46:28,400 --> 00:46:26,069

the same answer that you come to that it

1197

00:46:32,029 --> 00:46:28,410

is all about love it's about connection

1198

00:46:35,180 --> 00:46:32,039

it's about this deep truth that we share

1199

00:46:38,029 --> 00:46:35,190

with one another is religion are we

1200

00:46:40,819 --> 00:46:38,039

being a little bit too harsh are you

1201  
00:46:42,380 --> 00:46:40,829  
being a little bit too harsh on religion

1202  
00:46:46,759 --> 00:46:42,390  
in terms of it coming to the right

1203  
00:46:48,170 --> 00:46:46,769  
answer I possibly I mean I one's always

1204  
00:46:49,700 --> 00:46:48,180  
more critical of the things you're

1205  
00:46:51,200 --> 00:46:49,710  
involved in personally probably and I'm

1206  
00:46:52,609 --> 00:46:51,210  
much more ready to criticize

1207  
00:46:54,289 --> 00:46:52,619  
spirituality because I know it so well

1208  
00:46:57,319 --> 00:46:54,299  
and I feel I'm criticizing it from the

1209  
00:46:58,940 --> 00:46:57,329  
inside and with and with affection you

1210  
00:47:02,920 --> 00:46:58,950  
know for me it's like what I want to see

1211  
00:47:05,630 --> 00:47:02,930  
is a form of spirituality which is

1212  
00:47:07,640 --> 00:47:05,640  
all-encompassing so I want that you know

1213  
00:47:10,400 --> 00:47:07,650

nothing is more important to me than the

1214

00:47:12,469 --> 00:47:10,410

deep center of Awakening and oneness and

1215

00:47:14,450 --> 00:47:12,479

above all love that that's the most

1216

00:47:17,180 --> 00:47:14,460

important thing and but I also want it

1217

00:47:19,039 --> 00:47:17,190

to be able to deal with questions in a

1218

00:47:21,170 --> 00:47:19,049

rational rather than pre rational way

1219

00:47:24,440 --> 00:47:21,180

now you know if people don't that's fine

1220

00:47:25,880 --> 00:47:24,450

that's up to them but I need to and I

1221

00:47:28,069 --> 00:47:25,890

therefore and I want to see if it's

1222

00:47:30,339 --> 00:47:28,079

possible and I believe it is I believe

1223

00:47:33,709 --> 00:47:30,349

that you we don't have to dismiss

1224

00:47:36,650 --> 00:47:33,719

rationality in order to devote ourselves

1225

00:47:38,719 --> 00:47:36,660

to love or dismiss rationality in order

1226

00:47:40,700 --> 00:47:38,729

to believe in life after death I think

1227

00:47:43,519 --> 00:47:40,710

that we can hold we can we can we can

1228

00:47:45,739 --> 00:47:43,529

have a robust intellectual defense of

1229

00:47:47,989 --> 00:47:45,749

these things which we intuitively know

1230

00:47:51,140 --> 00:47:47,999

now I hear you saying that but do you

1231

00:47:53,630 --> 00:47:51,150

think rationally oriented people who are

1232

00:47:56,079 --> 00:47:53,640

looking for that view of life that

1233

00:47:59,089 --> 00:47:56,089

worldview are going to find comfort in

1234

00:48:01,160 --> 00:47:59,099

especially the last two thirds or maybe

1235

00:48:02,599 --> 00:48:01,170

three quarters of the book I love that

1236

00:48:04,819 --> 00:48:02,609

stuff I love the stuff you're talking

1237

00:48:08,450 --> 00:48:04,829

about and it resonates to me but I kept

1238

00:48:11,509 --> 00:48:08,460

thinking I go who is who is the rational

1239

00:48:12,200 --> 00:48:11,519

minded kind of logical person who's

1240

00:48:13,820 --> 00:48:12,210

gonna

1241

00:48:15,260 --> 00:48:13,830

the truth is Alex I'm probably writing

1242

00:48:17,180 --> 00:48:15,270

for a very small group of people who are

1243

00:48:18,980 --> 00:48:17,190

like me that's the honest truth

1244

00:48:20,599 --> 00:48:18,990

I'd like to think that I could reach all

1245

00:48:22,490 --> 00:48:20,609

of these extremes of people who are in a

1246

00:48:25,250 --> 00:48:22,500

religious mindset and I'd love to think

1247

00:48:27,589 --> 00:48:25,260

I could reach hard-nosed materialists

1248

00:48:29,390 --> 00:48:27,599

but the and a few I probably will but

1249

00:48:31,460 --> 00:48:29,400

overall really I'm writing for people

1250

00:48:33,560 --> 00:48:31,470

like me which is people who want to keep

1251

00:48:35,450 --> 00:48:33,570

their mind as well as their heart but

1252

00:48:37,940 --> 00:48:35,460

won't sacrifice their heart for the mind

1253

00:48:41,120 --> 00:48:37,950

that want both because they are both and

1254

00:48:42,680 --> 00:48:41,130

so for me and and and part of that is

1255

00:48:44,359 --> 00:48:42,690

then to make the questions it's likely

1256

00:48:47,030 --> 00:48:44,369

if you know the whole where the book

1257

00:48:48,940 --> 00:48:47,040

ends up is really a theology where the

1258

00:48:51,950 --> 00:48:48,950

book ends up is about God seeing

1259

00:48:53,680 --> 00:48:51,960

divinity in a new way so you couldn't

1260

00:48:56,000 --> 00:48:53,690

get farther away from the place where

1261

00:48:57,740 --> 00:48:56,010

Objectivists want to start and I'm aware

1262

00:48:58,970 --> 00:48:57,750

of that and I'm aware that you know I'm

1263

00:49:01,220 --> 00:48:58,980

going to be losing more and more with

1264

00:49:03,410 --> 00:49:01,230

each chapter potentially but I have but

1265

00:49:05,089 --> 00:49:03,420

again what I'm articulating really is

1266

00:49:07,220 --> 00:49:05,099

primarily for myself and people like me

1267

00:49:08,599 --> 00:49:07,230

it's like I can't that's what I have to

1268

00:49:11,720 --> 00:49:08,609

speak to I have to speak to my

1269

00:49:14,780 --> 00:49:11,730

experience but also it means I want to

1270

00:49:16,970 --> 00:49:14,790

be critical of the places that I've been

1271

00:49:20,780 --> 00:49:16,980

myself like for instance you mentioned

1272

00:49:23,720 --> 00:49:20,790

it's a good example in the if you have

1273

00:49:25,400 --> 00:49:23,730

an intuition towards God for one of a

1274

00:49:27,140 --> 00:49:25,410

better word I'm using it Supreme Being

1275

00:49:29,180 --> 00:49:27,150

or something they've got a being of love

1276

00:49:31,760 --> 00:49:29,190

which I do I have had it since a kid

1277

00:49:34,820 --> 00:49:31,770

it's hugely powerful experience of

1278

00:49:37,730 --> 00:49:34,830

relating to something bigger and and and

1279

00:49:40,070 --> 00:49:37,740

just so good it's very hard to square

1280

00:49:41,380 --> 00:49:40,080

that with the traditional problem that

1281

00:49:43,849 --> 00:49:41,390

philosophers call the problem of evil

1282

00:49:45,140 --> 00:49:43,859

which is how come the world in there if

1283

00:49:47,030 --> 00:49:45,150

God's at the beginning of time and he's

1284

00:49:49,550 --> 00:49:47,040

created this or it's created this how

1285

00:49:51,140 --> 00:49:49,560

come it's so horrible and it's really

1286

00:49:52,490 --> 00:49:51,150

really if you know when you see the

1287

00:49:54,140 --> 00:49:52,500

suffering when you actually see the

1288

00:49:55,550 --> 00:49:54,150

suffering it's pretty hard to get your

1289

00:49:58,880 --> 00:49:55,560

head around that I don't think you can

1290

00:50:00,349 --> 00:49:58,890

and and also what I call the problem of

1291

00:50:02,390 --> 00:50:00,359

absurdity which you mentioned with the

1292

00:50:04,460 --> 00:50:02,400

dinosaurs okay if God's at the beginning

1293

00:50:08,030 --> 00:50:04,470

and he's and he wants this to you know

1294

00:50:11,030 --> 00:50:08,040

us to be souls exploring our devotional

1295

00:50:13,370 --> 00:50:11,040

relationship with him or it what the

1296

00:50:16,250 --> 00:50:13,380

hell is 160 million years of dinosaurs

1297

00:50:18,650 --> 00:50:16,260

about that's just crazy it's absurd so

1298

00:50:20,930 --> 00:50:18,660

for me again it's been like well is

1299

00:50:23,120 --> 00:50:20,940

there a way which I can understand this

1300

00:50:24,589 --> 00:50:23,130

experience I have of relating to

1301  
00:50:25,080 --> 00:50:24,599  
something greater than me that is all

1302  
00:50:27,060 --> 00:50:25,090  
good

1303  
00:50:29,550 --> 00:50:27,070  
which doesn't fall into those problems

1304  
00:50:32,730 --> 00:50:29,560  
and for me that the place where the

1305  
00:50:34,530 --> 00:50:32,740  
whole book leads is the idea that

1306  
00:50:37,100 --> 00:50:34,540  
there's another level of emergence

1307  
00:50:40,590 --> 00:50:37,110  
happening which is the emergence of

1308  
00:50:43,080 --> 00:50:40,600  
spirits in a transcendent transcendent

1309  
00:50:44,730 --> 00:50:43,090  
form and the that God did you put it to

1310  
00:50:46,170 --> 00:50:44,740  
put it very blindly you know in a way

1311  
00:50:48,900 --> 00:50:46,180  
that might sound a bit silly but

1312  
00:50:49,770 --> 00:50:48,910  
hopefully it isn't there which is to say

1313  
00:50:51,990 --> 00:50:49,780

rather than putting God at the beginning

1314

00:50:55,080 --> 00:50:52,000

put God's at the end that God is not

1315

00:50:56,640 --> 00:50:55,090

where things start but that's who that

1316

00:51:00,300 --> 00:50:56,650

transcendent spirit is where things are

1317

00:51:02,790 --> 00:51:00,310

going that the deepest most emergent

1318

00:51:04,680 --> 00:51:02,800

levels of reality are coming last it

1319

00:51:07,170 --> 00:51:04,690

didn't start with soul ended with soul

1320

00:51:08,760 --> 00:51:07,180

this started with hydrogen when it came

1321

00:51:10,020 --> 00:51:08,770

a long way from hydrogen to this

1322

00:51:13,070 --> 00:51:10,030

experience we are having now of

1323

00:51:15,470 --> 00:51:13,080

intelligence and soul and love and and

1324

00:51:17,610 --> 00:51:15,480

that the deepest things are coming last

1325

00:51:21,150 --> 00:51:17,620

because they need the build up of all

1326

00:51:23,940 --> 00:51:21,160

that past to carry them and that the the

1327

00:51:26,010 --> 00:51:23,950

supreme the transcendent being that big

1328

00:51:28,530 --> 00:51:26,020

consciousness which everything is being

1329

00:51:32,790 --> 00:51:28,540

held in isn't at the beginning it's at

1330

00:51:34,980 --> 00:51:32,800

the end it's arising now and and as we

1331

00:51:37,970 --> 00:51:34,990

awake so it is coming into form and

1332

00:51:40,920 --> 00:51:37,980

that's a very different way of seeing

1333

00:51:43,200 --> 00:51:40,930

what spirituality is from an

1334

00:51:44,610 --> 00:51:43,210

evolutionary current rather than for

1335

00:51:49,220 --> 00:51:44,620

something which which can't cope with

1336

00:51:51,900 --> 00:51:49,230

them well it is a very novel and

1337

00:51:54,150 --> 00:51:51,910

intellectually invigorating idea the

1338

00:51:55,980 --> 00:51:54,160

whole book is is like that I mean you're

1339

00:51:58,080 --> 00:51:55,990

you're it's it's challenging it's

1340

00:51:59,930 --> 00:51:58,090

wonderful to work through it's it's like

1341

00:52:03,090 --> 00:51:59,940

I said it's beautifully presented and

1342

00:52:05,730 --> 00:52:03,100

you're to be congratulated Tim I mean

1343

00:52:08,640 --> 00:52:05,740

soul story evolution of the purpose of

1344

00:52:11,250 --> 00:52:08,650

life our guest has been Tim Freak Tim

1345

00:52:14,370 --> 00:52:11,260

what have we what have we left out here

1346

00:52:17,400 --> 00:52:14,380

that people would need to know about the

1347

00:52:19,650 --> 00:52:17,410

book and about it about ten and tell for

1348

00:52:21,960 --> 00:52:19,660

a minute about the other things that you

1349

00:52:24,750 --> 00:52:21,970

do and how you engage with people in

1350

00:52:26,310 --> 00:52:24,760

other ways you thank you I guess the bit

1351  
00:52:27,630 --> 00:52:26,320  
that's been we've covered a lot which I

1352  
00:52:28,950 --> 00:52:27,640  
knew we were because I knew you asked

1353  
00:52:31,170 --> 00:52:28,960  
some great questions and bring up some

1354  
00:52:32,940 --> 00:52:31,180  
real challenging issues which has been a

1355  
00:52:35,700 --> 00:52:32,950  
real pleasure to engage with I have to

1356  
00:52:37,110 --> 00:52:35,710  
say and I think the thing which has been

1357  
00:52:37,920 --> 00:52:37,120  
missed out which kind of touched in a

1358  
00:52:41,190 --> 00:52:37,930  
bit in the end which

1359  
00:52:42,930 --> 00:52:41,200  
that for me my life is actually centered

1360  
00:52:44,490 --> 00:52:42,940  
around the idea of Awakening is around

1361  
00:52:46,109 --> 00:52:44,500  
the experience of awakening what I call

1362  
00:52:49,010 --> 00:52:46,119  
being deep awake that's what most of my

1363  
00:52:51,450 --> 00:52:49,020

books are about this is a philosophical

1364

00:52:54,990 --> 00:52:51,460

underpinning of that and one of the

1365

00:52:56,640 --> 00:52:55,000

ideas that I'm exploring is that the

1366

00:52:58,589 --> 00:52:56,650

cutting edge of the leading edge of

1367

00:53:00,839 --> 00:52:58,599

evolution right now is spiritual

1368

00:53:03,390 --> 00:53:00,849

awakening is this spirit waking up to

1369

00:53:05,660 --> 00:53:03,400

itself the great potentiality from which

1370

00:53:08,069 --> 00:53:05,670

everything has come is arising

1371

00:53:10,380 --> 00:53:08,079

consciously through us when we enter

1372

00:53:12,420 --> 00:53:10,390

these deep states and bringing the

1373

00:53:14,069 --> 00:53:12,430

transcendent spirit God if you will if

1374

00:53:16,200 --> 00:53:14,079

that's not too difficult a word is

1375

00:53:17,609 --> 00:53:16,210

arising through that so most of what I

1376

00:53:20,240 --> 00:53:17,619

do is help people experience the deep

1377

00:53:22,470 --> 00:53:20,250

awake state I saw I have this huge

1378

00:53:24,839 --> 00:53:22,480

privilege of traveling around the world

1379

00:53:27,030 --> 00:53:24,849

wherever I'm invited and taking people

1380

00:53:29,970 --> 00:53:27,040

directly into the deep work state so

1381

00:53:31,170 --> 00:53:29,980

that you can actually feel that love you

1382

00:53:32,370 --> 00:53:31,180

know when we were talking earlier and

1383

00:53:33,510 --> 00:53:32,380

you were saying you know that the great

1384

00:53:37,049 --> 00:53:33,520

message in all these spiritual

1385

00:53:38,520 --> 00:53:37,059

traditions love oneness you know that

1386

00:53:40,290 --> 00:53:38,530

and the key with that is it's not just

1387

00:53:43,260 --> 00:53:40,300

an idea it's a direct experience and

1388

00:53:45,780 --> 00:53:43,270

when you have it you know you just know

1389

00:53:48,630 --> 00:53:45,790

something so deep it's before words so

1390

00:53:52,380 --> 00:53:48,640

what I do at my deep awakenings is I

1391

00:53:54,270 --> 00:53:52,390

share that experience and I feel very

1392

00:53:56,549 --> 00:53:54,280

privileged because you know wherever I

1393

00:53:58,789 --> 00:53:56,559

go it feels like you know just about

1394

00:54:01,559 --> 00:53:58,799

everyone can experience it very quickly

1395

00:54:03,720 --> 00:54:01,569

and I think it's part of our collective

1396

00:54:06,089 --> 00:54:03,730

evolution that there's now possible but

1397

00:54:09,180 --> 00:54:06,099

sure is sure is you know it happens

1398

00:54:10,770 --> 00:54:09,190

without any doubt whatsoever so my if

1399

00:54:12,870 --> 00:54:10,780

people are interested in both our

1400

00:54:15,030 --> 00:54:12,880

philosophy and the awakening there's

1401

00:54:17,069 --> 00:54:15,040

loads of stuff which they can have on my

1402

00:54:20,099 --> 00:54:17,079

website where there's meditations I lead

1403

00:54:21,480 --> 00:54:20,109

there's videos and audios and they can

1404

00:54:23,099 --> 00:54:21,490

they can see about the events that I'm

1405

00:54:24,780 --> 00:54:23,109

running and sign up for the newsletter

1406

00:54:27,390 --> 00:54:24,790

so that they can hear I'm coming to

1407

00:54:28,559 --> 00:54:27,400

their country or their area I'm

1408

00:54:31,020 --> 00:54:28,569

certainly going to be coming to the

1409

00:54:33,569 --> 00:54:31,030

States twice this year but they're not

1410

00:54:36,630 --> 00:54:33,579

announced yet they would hear those and

1411

00:54:38,250 --> 00:54:36,640

and take part in inquiry and so for me

1412

00:54:40,260 --> 00:54:38,260

that it's about developing a new

1413

00:54:42,660 --> 00:54:40,270

approach to awakening for the 21st

1414

00:54:44,609 --> 00:54:42,670

century which isn't guru based isn't

1415

00:54:47,130 --> 00:54:44,619

based on some absolute authority isn't

1416

00:54:50,200 --> 00:54:47,140

me telling people how it is but which is

1417

00:54:51,910 --> 00:54:50,210

a community of life explorers

1418

00:54:54,520 --> 00:54:51,920

looking for the deepest experience and

1419

00:54:56,530 --> 00:54:54,530

the deepest understanding of what life

1420

00:54:59,560 --> 00:54:56,540

is so that we can make the most of this

1421

00:55:01,510 --> 00:54:59,570

amazing journey we're on excellent

1422

00:55:04,210 --> 00:55:01,520

that's a good interesting context to put

1423

00:55:06,820 --> 00:55:04,220

it in your you're walking the walk and

1424

00:55:08,829 --> 00:55:06,830

kind of you're experiencing thinning

1425

00:55:11,829 --> 00:55:08,839

this book you attempt to kind of talk

1426

00:55:13,570 --> 00:55:11,839

the talks oh that's okay Tim it's been

1427

00:55:15,540 --> 00:55:13,580

great great having you on and I do

1428

00:55:17,560 --> 00:55:15,550

appreciate you so much coming on and

1429

00:55:20,170 --> 00:55:17,570

subjecting yourself to some hard

1430

00:55:22,240 --> 00:55:20,180

questioning but I like where the kind of

1431

00:55:25,210 --> 00:55:22,250

conversation can go and everything that

1432

00:55:27,490 --> 00:55:25,220

you bring to it so again congratulations

1433

00:55:30,040 --> 00:55:27,500

and thanks again for joining me it's

1434

00:55:31,690 --> 00:55:30,050

been a real delight Alex and thank you

1435

00:55:33,490 --> 00:55:31,700

for having me on the show thanks again

1436

00:55:35,829 --> 00:55:33,500

to Tim Freak for joining me today on

1437

00:55:38,470 --> 00:55:35,839

skeptic oh I guess the question ITU up

1438

00:55:41,020 --> 00:55:38,480

from this interview is do you think it's

1439

00:55:42,370 --> 00:55:41,030

gonna work do you think Tim's approach

1440

00:55:44,410 --> 00:55:42,380

of trying to get science and

1441

00:55:47,470 --> 00:55:44,420

spirituality to play nicely together

1442

00:55:50,940 --> 00:55:47,480

through the common bond of evolution and

1443

00:55:53,050 --> 00:55:50,950

emergence do you think that has a chance

1444

00:55:54,640 --> 00:55:53,060

so I'd love to hear your thoughts on

1445

00:55:57,339 --> 00:55:54,650

that of course the place to do it is

1446

00:56:02,589 --> 00:55:57,349

through the skeptic Oh website or the

1447

00:56:05,290 --> 00:56:02,599

skeptical forum ske PTI ke o comm is how

1448

00:56:07,300 --> 00:56:05,300

you spell skeptic o so find us there all

1449

00:56:09,550 --> 00:56:07,310

these shows are free you can find over

1450

00:56:12,400 --> 00:56:09,560

350 of them there on the website and

1451  
00:56:14,020 --> 00:56:12,410  
then connect tell us what you think tell

1452  
00:56:16,270 --> 00:56:14,030  
me what you think tell other listeners

1453  
00:56:17,620 --> 00:56:16,280  
what you think love to hear from you so

1454  
00:56:19,599 --> 00:56:17,630  
I have a number of interesting shows

1455  
00:56:22,960 --> 00:56:19,609  
coming up I know I kind of always say

1456  
00:56:25,270 --> 00:56:22,970  
that but I just am excited about some of

1457  
00:56:28,510 --> 00:56:25,280  
the interviews that I'm about to publish

1458  
00:56:30,040 --> 00:56:28,520  
or am in the process of producing so I

1459  
00:56:32,500 --> 00:56:30,050  
guess that's a good thing

1460  
00:56:37,200 --> 00:56:32,510  
anyways that's gonna do it for now until